

# Recommendation of occupational exposure limits (2023–2024)

The Japan Society for Occupational Health

May 10, 2023

The Japan Society for Occupational Health (JSOH) recommends the Occupational Exposure Limits (OELs) as reference values for preventing adverse health effects on workers caused by occupational exposure to chemical substances, continuous or intermittent noise, impulsive or impact noise, heat stress, cold stress, whole-body vibration, hand-arm vibration and time-varying electric, magnetic and electromagnetic fields and ultraviolet and ionizing radiation.

# **Characteristics of OELs and Instructions for Users**

- 1. OELs should be applied by individuals well-trained and experienced in occupational health.
- 2. OELs cannot be applied in cases where exposure duration or work intensity exceeds the prerequisite conditions for setting an OEL.
- 3. OELs are set based on various information obtained from experiences in industries and experiments on humans and animals. However, the quantity and quality of information used in setting OELs is not always the same.
- 4. Types of health effects considered in setting OELs depend on the substances involved; an explicit health impairment provides the basis for OELs in certain substances, while health effects such as discomfort, irritation or CNS suppressive effects afford the basis in others. Thus, OELs cannot be used simply as a relative scale of toxicity.
- 5. Due to the variance in individual susceptibilities, discomfort, deterioration of pre-existing ill health

or occupational disease may be induced at levels of exposure below the OELs, even though the chances of this should be remote.

- 6. Because OELs do not represent a definitive borderline between safe and hazardous conditions, it is not correct to conclude that working environments above OEL are the direct and sole cause of health impairment in workers, or vice versa.
- 7. OELs cannot be applied as reference values in nonoccupational environments.
- 8. OELs will be revised when JSOH considers it necessary.
- 9. JSOH welcomes the submission, by concerned parties or individuals, of opinions based on scientific aspects of OELs.
- 10. In the reproduction of any Tables and/or Figures of OELs, JSOH requires that the full text of OELs be quoted to prevent misunderstanding and misuse.

# I. Occupational Exposure Limits for Chemical Substances

### 1. Definitions

Exposure concentration is defined as the concentration of a chemical substance in air which will be inhaled by a worker during a job without the use of protective respiratory equipment.

Occupational Exposure Limit-Mean (OEL-M) for mean concentration of a chemical substance is defined as the reference value to the mean exposure concentration at or below which adverse health effects caused by the substance do not appear in most workers working for 8 hours a day, 40 hours a week under a moderate workload. Exposure above OEL-M should be avoided even where duration is short or work intensity is light. If mean levels and duration of exposure corresponding to segments of various jobs can be measured or estimated, then an overall exposure concentration can be determined as the time-weighted average concentration.

Occupational Exposure Limit-Ceiling (OEL-C) of occupational exposure to a chemical substance is defined as the reference value to the maximal exposure concentration of the substance during a working day at or below which adverse health effects do not appear in most workers. The main reason why OEL-C is recommended for some substances is that the toxicity in question can



induce immediate adverse effects such as irritation or CNS suppressive effects. However, it is quite difficult in practice to measure the momentary maximal exposure concentration. Short-term measurement lasting for 5 minutes or less at the time when the highest exposure concentration is expected may be used as a substitute for the measurement of maximal exposure concentration.

### 2. Variability of exposure concentration

Exposure concentration fluctuates around the mean value. OEL-M should be referred to only when the fluctuation is not large. Allowable range of fluctuation depends on the substance. In practical terms, the mean exposure concentration for a period of 15 minutes during which maximum exposure concentration is expected should not exceed 1.5 times OEL-M, unless otherwise notified.

# 3. Skin absorption

"S" marks in Tables I-1 and I-2 show that a significant dose from the view of systemic health effects or absorption of the substance concerned may be absorbed through the skin when the substance is in contact with the skin. OELs are set at conditions under which no skin absorption will take place.

### 4. Interaction with other working conditions

Other working conditions, such as work intensity, heat stress and abnormal atmospheric pressure, must be considered, since their co-existence could cause an increase in the inhaled dose of a chemical substance, thereby intensifying its effects on workers' health.

# 5. OEL for exposure to mixture of chemical substances

OEL-M values listed in Table I-1, I-2 and I-3 are applicable in cases where the substance exists alone. When workers are exposed to a mixture of chemical substances and there is no reliable evidence to the contrary that the effects of the chemicals are assumed to be additive, the effects should be assumed as additive.

The users should refer not to each OEL-M value, but rather to the following equation:

 $I = C_1/T_1 + C_2/T_2 + \dots + C_i/T_i + \dots + C_n/T_n$ 

 $C_i$  = mean exposure concentration for each component *i* 

 $T_i = OEL-M$  for each component *i* 

Any value of I exceeding 1 indicates an exposure that is above OEL.

					Class	of		
Substance [CAS No.]	OEL		Skin absorption	Class of carcino-	sensitiz	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>		genicity	Airway	Skin	Toxicants	posal
Acetaldehyde [75-07-0]	10*	18*		2B				'21
Acetic acid [64-19-7]	10	25						'78
Acetic anhydride [108-24-7]	5*	21*						'90
Acetone [67-64-1]	200	475						'72
Acrylaldehyde [107-02-8]	0.1	0.23		$2\mathrm{B}^\dagger$				'73
Acrylamide [79-06-1]		0.1	S	2A		2	2	'04
Acrylonitrile [107-13-1]	2	4.3	S	$2A^{\Psi}$				'88
Allyl alcohol [107-18-6]	1	2.4	S					'78
2-Aminoethanol [141-43-5]	3	7.5						'65
Ammonia [7664-41-7]	25	17						'79
Aniline [62-53-3]	1	3.8	S			1		'88
<i>o</i> -Anisidine [90-04-0]	0.1	0.5	S	2B				'96
<i>p</i> -Anisidine [104-94-9]	0.1	0.5	S					'96
Antimony and compounds (as Sb except stibine) [7440-36-0]		0.1						('13)
Arsenic and compounds (as As) [7440-38-2]	(Table	e III-2)		1			1	,00
Arsine [7784-42-1]	0.1*	0.32*		1			1	,22
Atrazine [1912-24-9]	0.1	2					3	,15
Benomyl [17804-35-2]		1				2	$2^{\#}$	,13
Benzene [71-43-2]	(Table	e III-2)	S	1		2	2	,97
Benzyl alcohol [100-51-6]	(1000	25*	5	1		2		,19
Beryllium and compounds (as Be) [7440-41-7]	_	0.002		$1^{\psi}$	1	2		°63
Boron trifluoride [7637-07-2]	0.3	0.83						,79
Bromine [7726-95-6]	0.1	0.65						,64
Bromoform [75-25-2]	1	10.3						,97
1-Bromopropane [106-94-5]	0.5	2.5		2B			2	'12

 Table I-1.
 Occupational exposure limits for chemical substances

Substance [CAS No.]	0	EL	Skin absorption	Class of carcino-	Class sensitiz potent	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>		genicity	Airway	Skin	Toxicants	posal
2-Bromopropane [75-26-3]	0.5	2.5	S	2B			1	'21
Buprofezin [69327-76-0]	_	2						'90
Butane (all isomers) [106-97-8]	500	1,200						'88
1-Butanol [71-36-3]	50*	150*	S					'87
2-Butanol [78-92-2]	100	300						'87
Butyl acetate [123-86-4]	100	475						'94
<i>t</i> -Butyl alcohol [75-65-0]	50	150						'87
Butylamine [109-73-9]	5*	15*	S					('94)
<i>n</i> -butyl-2,3-epoxy-propyl ether [2426-08-6]	0.25	1.3		2B		2	3	'16
Cadmium and compounds (as Cd) [7440-43-9]	_	0.05		$1^{\psi}$			1	'76
Calcium cyanide (as CN) [592-01-8]	_	5*	S					'01
Carbaryl [63-25-2]		5	S					'89
Carbon dioxide [124-38-9]	5,000	9,000						'74
Carbon disulfide [75-15-0]	1	3.13	S				$1^{\#}$	'15
Carbon monoxide [630-08-0]	50	57					1	'71
Carbon tetrachloride [56-23-5]	5	31	S	2B				'91
Chlorine [7782-50-5]	0.5*	1.5*						'99
Chlorobenzene [108-90-7]	10	46						'93
Chlorodifluoromethane [75-45-6]	1,000	3,500					2	'87
Chloroethane [75-00-3]	100	260						°93
Chloroform [67-66-3]	3	14.7	S	2B			•	°05
Chloromethane [74-87-3] Chloromethyl methyl ether (technical grade) [107-30-2]	50	100		2A			2	'84 '92
[107-30-2] Chloropicrin [76-06-2]	0.1	0.67						'68
Chromium and compounds (as Cr) [7440-47-3]	0.1	0.07			2	1	3	,89
Chromium metal	_	0.5						
Chromium (III) compounds	_	0.5						
Chromium (VI) compounds	_	0.05						
Certain chromium (VI) compounds	_	0.01		1				
Cobalt and compounds (without tungsten carbide) [7440-48-4]	_	0.05		2B	1	1		'92
Cresol (all isomers)	5	22	S					'86
Crystalline silica [14808-60-7]** <sup>,†</sup>		0.03 (Respirable particulate		1				('23)
		matter)						
Cumene [98-82-8]	10	50	S	2B				'19
Cyclohexane [110-82-7]	150	520						'70
Cyclohexanol [108-93-0]	25	102						'70
Cyclohexanone [108-94-1]	25	100						'70
Diazinon [333-41-5]	_	0.1	S	2B				'89
Diborane [19287-45-7]	0.01	0.012						'96
Dibutyl phthalate [84-74-2]		5				2		'96
o-Dichlorobenzene [95-50-1]	25	150						'94
<i>p</i> -Dichlorobenzene [106-46-7]	10	60		2B			3	'98
1,4-Dichloro-2-butene [764-41-0]	0.002			2B				'15
3,3'-Dichloro-4,4'-diaminodiphenylmethane (MBOCA) [101-14-4]	-	0.005	S	$2A^{\psi}$				'12
Dichlorodifluoromethane [75-71-8]	500	2,500						'87
1,1-Dichloroethane [75-34-3]	100	400						'93
1,2-Dichloroethane [107-06-2]	10	40		2B				'84

Substance [CAS No.]	0	EL	Skin absorption	Class of carcino-	Class sensitiz poten	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>	lossipuon	genicity	Airway	Skin	Toxicants	posal
2,2'-Dichloroethyl ether [111-44-4]	15	88	S					'67
1,2-Dichloroethylene [540-59-0]	150	590						,70
Dichloromethane [75-09-2]	50	173	S	2A				,99
	100*	347*						
2,4-Dichlorophenoxyacetic acid (2,4-D) [94-75-7]	—	2	S				2	'19
1,2-Dichloropropane [78-87-5]	1	4.6		1		2		'13
2,2-Dichloro-1,1,1-trifluoroethane [306-83-2]	10	62						,00
Diethylamine [109-89-7]	10	30						'89
Di(2-ethylhexyl) phthalate [117-81-7]	_	5		2B			1#	'95
Diethyl phthalate [84-66-2]		5						'95
N,N-Dimethyl acetamide [127-19-5]	10	36	S	2B			2	'90
Dimethylamine [124-40-3]	2	3.7					3	'16
N,N-Dimethylaniline [121-69-7]	5	25	S					'93
N,N-Dimethylformamide (DMF) [68-12-2]	10	30	S	2A			2	'74
Dimethyl sulfate [77-78-1]	0.1	0.52	S	$2A^{\psi}$				'80
Dimethyl terephthalate [120-61-6]		8						'20
1,2-Dinitrobenzene [528-29-0]	0.15	1	S					'94
1,3-Dinitrobenzene [99-65-0]	0.15	1	S					'94
1,4-Dinitrobenzene [100-25-4]	0.15	1	S					'94
1,4-Dioxane [123-91-1]	1	3.6	S	2B				'15
Diphenylmethane-4,4'-diiso-cyanate (MDI) [101-68-8]		0.05			1			'93
Dusts		e I-3)						`23
2,3-Epoxypropyl methacrylate (Glycidyl	0.01	0.06	S	2A		2	3	'18
methacrylate, GMA) [106-91-2]								
Ethyl acetate [141-78-6]	200	720						'95
Ethylamine [75-04-7]	10	18						'79
Ethylbenzene [100-41-4]	20	87	S	2B			2	'20
Ethylenediamine [107-15-3]	10	25	S		2	2	_	'91
Ethylene glycol monobutyl ether [111-76-2]	20*	97*	S				2	'17
Ethylene glycol monoethyl ether [110-80-5]	5	18	S				2	'85
Ethylene glycol monoethyl ether acetate [111-15-9]	5	27	S				2	'85
Ethylene glycol monomethyl ether [109-86-4]	0.1	0.31	S				1	'09
Ethylene glycol monomethyl ether acetate [110-49-6]	0.1	0.48	S				1	'09
Ethylene oxide [75-21-8]	1	1.8		$1^{\psi}$		2	1	'90
Ethylenimine [151-56-4]	0.05	0.09	S	2B			3	'18
Ethyl ether [60-29-7]	400	1,200					_	('97)
2-Ethy1-1-hexanol [104-76-7]	1	5.3					3	'16
Ethylidene norbornene [16219-75-3]	2	10					3	'18
Etofenprox [80844-07-1]	—	3						°95
Fenitrothion [122-14-5]		0.2	S			2		'22
Fenobucarb [3766-81-2]		5	S					'89
Fenthion [55-38-9]		0.2	S					'89
Flutolanil [66332-96-5]		10		<b>a</b> :				'90
Formaldehyde [50-00-0]	0.1 0.2*	0.12 0.24*		2A	2	1		'07
Formic acid [64-18-6]	5	9.4						'78
Fthalide [27355-22-2]	—	10						'90
Furfural [98-01-1]	2.5	9.8	S					('89)
Furfuryl alcohol [98-00-0]	5	20		2B				'78
Gasoline [8006-61-9]	100 <sup>b</sup>	300 <sup>b</sup>		2B				'85

Substance [CAS No.]	0	EL	Skin absorption	Class of carcino-	Class sensitiz	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>	uosoiption	genicity	Airway		Toxicants	posal
Glyphosate [1071-83-6]		1.5		2B			3	'21
Glutaraldehyde [111-30-8]	0.03*				1	1		,06
Heptane [142-82-5]	200	820						'88
Hexachlorobutadiene [87-68-3]	0.01	0.12	S					'13
Hexachloroethane [67-72-1]	1	9.7	S	2B				,22
Hexane [110-54-3]	40	140	S					,85
Hexane-1,6-diisocyanate (HDI) [822-06-0]	0.005	0.034	S		1			,95
Hydrazine (anhydrous) and Hydrazine	0.005	0.13	S	2A		1		,98
hydrate [302-01-2/7803-57-8]	0.1	and 0.21	5	211		1		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Hydrogen chloride [7647-01-0]	2*	3.0*						,14
Hydrogen cyanide [74-90-8]	5	5.5	S					,90
	3 3*		S S					
Hydrogen fluoride [7664-39-3]		2.5*	5					('20)
Hydrogen selenide [7783-07-5]	0.05	0.17						'63
Hydrogen sulfide [7783-06-4]	5	7		_				'01
Indium and compounds [7440-74-6]		e II-1)		2A				'07
Iodine [7553-56-2]	0.1	1				2		'68
Isobutyl alcohol [78-83-1]	50	150						'87
Isopentyl alcohol [123-51-3]	100	360						'66
Isoprene [78-79-5]	3	8.4		2B				'17
Isopropyl acetate [108-21-4]	100							'17
Isopropyl alcohol [67-63-0]	400*	980*						'87
Isoprothiolane [50512-35-1]		5						'93
Lead and compounds (as Pb except alkyl lead compounds) [7439-92-1]	—	0.03		2B			1#	'16
Lithium hydroxide [1310-65-2]		1						'95
Malathion [121-75-5]		10	S	2B				,89
Maleic anhydride [108-31-6]	0.1	0.4	5	20	2	2		('15)
Walele anityunde [100-51-0]	0.1*	0.8*			2	2		(15)
Manganese and its compounds (as Mn except		0.1 (Total					2	'21
organic compounds) [7439-96-5]		particulate matter) 0.02					L	21
		(Respirable particulate matter)						
Man-made mineral fibers***								,03
Ceramic fibers, Micro glass fibers				2B				
Continuous filament glass fibers, Glass wool fibers, Rock wool fibers, Slag wool fibers		1 (fibe	er/ml)					
Mepronil [55814-41-0]		5						,90
Mercury vapor [7439-97-6]		0.025					2	,90 ,98
Methacrylic acid [79-41-4]	2	7.0					2	,12
• • •			C				2	
Methanol [67-56-1]	200	260	S				2	°63
Methyl acetate [79-20-9]	200	610		25		2		°63
Methyl acrylate [96-33-3]	2	7		2B		2		°04
Methylamine [74-89-5]	5	6.5						°19
Methyl bromide [74-83-9]	1	3.89	S					°03
Methyl <i>n</i> -butyl ketone [591-78-6]	5	20	S					'84
Methylcyclohexane [108-87-2]	400	1,600						'86
Methylcyclohexanol [25639-42-3]	50	230						'80
Methylcyclohexanone [1331-22-2]	50	230	S					'87
Methyl methacrylate [80-62-6]		8.3			2	2		'12
4,4'-Methylenedianiline [101-77-9]		0.4	S	2B	1	1		'95

Substance [CAS No.]	0	EL	Skin absorption	Class of carcino-	Class sensitiz potent	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>	1	genicity	Airway	Skin	Toxicants	posal
Methyl ethyl ketone [78-93-3]	200	590						'64
Methyl isobutyl ketone [108-10-1]	50	205		2B				'84
N-Methyl-2-pyrrolidone [872-50-4]	1	4	S					,02
Methyltetrahydrophthalic anhydride	0.007	0.05	_		1			,02
[11070-44-3]	0.015*	0.1*						
Multi-walled carbon nanotubes		e I-2)					3†	'23
(as inorganic carbon) [308068-56-6]	(140)						5	25
Nickel [7440-02-0]		1			2	1	3	'11
Nickel carbonyl [13463-39-3]	0.001	0.007			_	-	5	,66
Nickel compounds (total dusts) (as Ni)	01001			2B			3	,11
[7440-02-0],				20			5	
Nickel compounds, soluble		0.01						'11
Nickel compounds, not soluble		0.01						'11
Nickel smelting dusts [7440-02-0]	(Table	e III-2)		1				'11
Nitric acid [7697-37-2]	2	5.2		1				,82
<i>p</i> -Nitroaniline [100-01-6]	2	3	S					,95
Nitrobenzene [98-95-3]	1	5	S	2B				('88)
<i>p</i> -Nitrochlorobenzene [100-00-5]	0.1	0.64	S	2D				(80) ,89
		ding)	5					°61
Nitrogen dioxide [10102-44-0]	·	0,						,23
Nitrogen trifluoride [7783-54-2]		e I-2)	G					
Nitroglycerin [55-63-0]	0.05*	0.46*	S					'86
Nitroglycol [628-96-6]	0.05	0.31	S					'86
Nonane [111-84-2]	200	1,050						'89
Octane [111-65-9]	300	1,400		<b>4</b> )/(				'89
Oil mist, mineral		3		$1^{\psi}$				277
Ozone [10028-15-6]	0.1	0.2						'63
Parathion [56-38-2]		0.1	S					('80)
Pentachlorophenol [87-86-5]		0.5	S				2	(*89)
Pentane [109-66-0]	300	880						'87
Pentyl acetate, all isomers	50	266.3						'08
[628-63-7; 123-92-2; 626-38-0; 620-11-1;	100*	532.5*						
625-16-1; 624-41-9; 926-41-0]							#	
Perfluorooctanoic acid [335-67-1]		0.005°		2B			$1^{\#}$	'08
Phenol [108-95-2]	5	19	S				3	'78
<i>m</i> -Phenylenediamine [108-45-2]		0.1				3		'99
o-Phenylenediamine [95-54-5]		0.1		2B		3		'99
p-Phenylenediamine [106-50-3]		0.1				1		'97
Phosgene [75-44-5]	0.1	0.4						'69
Phosphine [7803-51-2]	0.3*	0.42*						'98
Phosphoric acid [7664-38-2]	—	1						('90)
Phosphorus (yellow) [7723-14-0]	—	0.1						('88)
Phosphorus pentachloride [10026-13-8]	0.1	0.85						'89
Phosphorus trichloride [7719-12-2]	0.2	1.1						'89
Phthalic anhydride [85-44-9]	0.33*	2*			1			'98
o-Phthalodinitrile [91-15-6]		0.01	S					'09
Picric acid	—					2		'14
Platinum, soluble salts (as Pt) [7440-06-4]		0.001			1	1		'00
Polychlorobiphenyls	_	0.01	S	$1^{\psi}$			1	,06
Potassium cyanide (as CN) [151-50-8]	_	5*	S	-			-	,01
Potassium hydroxide [1310-58-3]		2*						,78
Propyl acetate [109-60-4]	200	830						,70
	0.2	0.45	S	2B				,17
Propyleneimine (2-Methylaziridine)	U /	041						

Substance [CAS No.]	0	EL	Skin absorption	Class of carcino-	Class sensitiz	zing	Repro- ductive	Year of pro-
	ppm	mg/m <sup>3</sup>	uoborption	genicity	Airway	Skin	Toxicants	posal
Rhodium (soluble compounds, as Rh)								
[7440-16-6]		0.001				2		'07
Selenium and compounds (as Se, except		0.1						,00
SeH <sub>2</sub> and SeF <sub>6</sub> ) [7782-49-2]								
Silane [7803-62-5]	100*	130*						'93
Silicon carbide whisker	_	0.1		2A				'19
[409-21-2; 308076-74-6]		(fiber/ml)						
Silver and compounds (as Ag) [7440-22-4]	_	0.01						°91
Sodium cyanide (as CN) [143-33-9]	_	5*	S					'01
Sodium hydroxide [1310-73-2]		2*	G	<b>○</b> ▲ ₩			2	'78
Styrene [100-42-5]	10	42.6	S	2A <sup>ψ</sup>			2	,22 ,21
Sulfur dioxide [7446-09-5]	(pen	ding) 1*						'61 '00
Sulfuric acid [7664-93-9] Sulfur monochloride [10025-67-9]	1*	5.5*						,76
Talc [14807-96-6]	1.	5.5						/0
Containing asbestiform fibers				1				,91
Asbestos fiber- and crystalline silica-free	(Tab	le I-2)		1				,23
1,1,2,2-Tetrachloroethane [79-34-5]	1	6.9	S	2B				,84
Tetrachloroethylene [127-18-4]	-	ding)	S	2B 2B			3	,72
Tetraethoxysilane [78-10-4]	10	85	5	20			5	·91
Tetraethyl lead (as Pb) [78-00-2]		0.075	S					,65
Tetrahydrofuran [109-99-9]	50	148	S	2B				,15
Tetramethoxysilane [681-84-5]	1	6						'91
Thiuram [137-26-8]		0.1				1		,08
Titanium dioxide (as Ti) [13463-67-7]		2 (Total		2B				'22
		particulate						
		matter)						
		1.5						
		(Respirable						
		particulate						
		matter)						
Titanium dioxide (nanoparticle)		0.3	G				1	'13
Toluene [108-88-3]	50	188	S	20	1		1	('13)
Toluene diisocyanates [26471-62-5]	0.005	0.035		2B	1	2		'92
Tricklowhow [52,69,6]	0.02*	0.14* 0.2	C					,10
Trichlorhon [52-68-6] <i>o</i> -Toluidine [95-53-4]	1	4.4	S S	$1^{\psi}$				,91
1,1,1-Trichloroethane [71-55-6]	200	1,090	5	1				,74
1,1,2-Trichloroethane [79-00-5]	10	55	S					('78)
Trichloroethylene [79-01-6]	25	135	5	$1^{\psi}$		1	3	·97
Trichlorofluoromethane [75-69-4]	1,000*	5,600*		1		1	5	'87
1,1,2-Trichloro-1,2,2-trifluoroethane	500	3,800						°87
[76-13-1]	200	2,000						
Tricyclazole [41814-78-2]	_	3						,90
Trimellitic anhydride [552-30-7]		0.0005	S		1			'15
		0.004*						
1,2,3-Trimethylbenzene [526-73-8]	25	120						'84
1,2,4-Trimethylbenzene [95-63-6]	25	120						'84
1,3,5-Trimethylbenzene [108-67-8]	25	120						'84
Trinitrotoluene (all isomers)		0.1	S					'93
Turpentine	50	280				1	-	'91
Vanadium compounds							2	
Ferrovanadium dust [12604-58-9]	-	1						'68
Vanadium pentoxide [1314-62-1]	-	0.05		2B				'03

Substance [CAS No.]	O]	EL	Skin absorption	Class of carcino- genicity	Class sensitiz poten	zing	Repro- ductive Toxicants	Year of pro-
	ppm	mg/m <sup>3</sup>		genicity	Airway	Skin	Toxicants	posal
Vinyl chloride [75-01-4]	(Table	III-2)		$1^{\psi}$				'17
Xylene (all isomers and their mixture)	50	217						'01
Xylene for industrial use							2	
Xylene (ortho-, meta-, para-xylene and							3	
their mixture)								
Zinc chloride [7646-85-7]	(Tabl	e I-2)						'23
Zinc oxide nanoparticle [1314-13-2]		0.5						'21

1. ppm: parts of vapors and gases per million of substance in air by volume at 25°C and atmospheric pressure (760 torr, 1,013 hPa); OELs in ppm are converted to those in mg/m<sup>3</sup>, in which the values are rounded off to 2 significant digits.

2. () in the year of proposal column indicates that revision was done in the year without change of the OEL value.

3. \*: Occupational Exposure Limit-Ceiling; exposure concentration must be kept below this level.

\*\*: The mass concentration of respirable particulate matter is calculated using collection efficiency  $R(d_{ae})$  as in Table I-3.

\*\*\*: Fibers longer than 5 μm and with an aspect ratio equal to or greater than 3:1 as determined by the membrane filter method at 400 × magnification phase contrast illumination.

\*: Substance whose OEL is set based on non-carcinogenic health effects; see III.

<sup>a</sup>: Exposure concentration should be kept below a detectable limit though OEL is set at 2.5 ppm provisionally.

<sup>b</sup>: OEL for gasoline is 300 mg/m<sup>3</sup>, and an average molecular weight is assumed to be 72.5 for conversion to ppm units.

<sup>c</sup>: Not applicable to women of child bearing potential.

<sup>#</sup>: Precaution should be taken for exposure lower than the OEL-M or OEL-B. As for reproductive toxicity, it is generally known that there is a sensitive period, during pregnancy for example, and such effects of this substance have been identified.

<sup>†</sup>: Provisional.

Substance [CAS No.]		OEL	Skin	Class of		ensitizing ntial	Reproductive	Year of
	ppm	mg/m <sup>3</sup>	absorption	carcinogenicity	Airway	Skin	Toxicants	proposal
Nitrogen trifluoride [7783-54-2] Multi-walled carbon nanotubes (as inorganic carbon)	0.4	1.2 0.01 (Respirable					3	'23 '23
[308068-56-6]		particulate matter)						
Talc [14807-96-6]				. *				
Containing asbestiform fibers				1‡				'91
Asbestos fiber- and crystalline silica-free		4 (Total particulate matter)						'23
	_	1						
		(Respirable particulate						
Zinc chloride [7646-85-7]	_	matter) 4*						'23

Table I-2. Occupational exposure limits for chemical substances (Provisional values)

Note: see Table I-1

<sup>‡</sup>: Not provisional

	Durate	OEL (m	g/m <sup>3</sup> )
	Dusts	Respirable dust*	Total dust**
Class 1	Activated charcoal, Alumina, Aluminum, Bentonite, Diatomite, Graphite, Kaolinite, Pagodite, Pyrites, Pyrite cinder	0.5	2
Class 2	Bakelite (asbestos-free, technical grade), Carbon black, Coal, Cork dust, Cotton dust, Iron oxide, Grain dust, Joss stick material dust, Marble, Portland cement, Zinc oxide	1	4
Class 3	Limestone <sup>‡</sup> , Mineral, inorganic, and organic dusts other than Classes 1 and 2 <sup>b</sup>	2	8
Asbestos***		(Table I	II-2)

Table I-3. Occupational exposure limits for dusts<sup>a</sup>

1. a, OELs for dusts are set to prevent from Class 2 pneumoconiosis, while no other toxicities are considered

b, OEL for 'Mineral, inorganic, and organic dusts other than Classes 1 and 2' is a reference value assigned for dusts that are insoluble or poorly soluble in water to prevent from pneumoconiosis caused by inhaling large amount of those; thus, be aware that unknown toxocity may be developed even below this value

2. \*: Respirable crystalline silica (Table I-1) and respirable dust consist of particles captured by the following collection efficiency,  $R(d_{ae})$ .  $R(d_{ae})=0.5[1 + \exp(-0.06d_{ae})] [1-F(x)]$ 

d<sub>ae</sub>: aerodynamic diameter of particle (μm), *F* (*x*): cumulative distribution function of the standardized normal variable  $x = \ln(d_{ae}/\Gamma)/\ln(\Sigma)$ , ln natural logarithm,  $\Gamma = 4.25$  μm,  $\Sigma = 1.5$ 

\*\*: Total dust comprises particles with a flow speed of 50 to 80 cm/sec at the entry of a particle sampler.

\*\*\*: Fibers longer than 5 μm and with an aspect ratio equal to or greater than 3:1 as determined by the membrane filter method at 400 × magnification (4 mm objective) phase contrast illumination.

3. <sup>‡</sup>: Do not include asbestos.

4. OEL for wood dust is under consideration.

5. If exposed to two or more types of dust, comply with 'OEL for exposure to mixture of chemical substances (p2).' This is also the case when crystalline silica is included.

# II. Occupational Exposure Limits Based on Biological Monitoring

# 1. Definition

Biological monitoring in the occupational setting consists of (1) measuring the concentration of a chemical substance or its metabolite (s) in biological specimens, and/or (2) determining early health effects by using biological specimens which are predictors or warning signs of the occurrence of adverse health effects.

Occupational Exposure Limit Based on Biological Monitoring (OEL-B) is defined as the reference values to the data obtained by biological monitoring at or below (depending on agents, above) which the adverse health effects do not appear in most workers who are exposed to the chemical substances.

# 2. Characteristics of OEL-B

(1) In setting OEL-B, consideration is given to the exposure-effect and/or exposure-response relationships between biological monitoring values and health effects, or to the relationship between biological monitoring values and OEL-Ms.

(2) There is a possibility that exposure concentration of chemical substances in the workplace will not closely associate with biological monitoring values due to various factors, e.g., intra- and inter-individual variation in metabolism, social habits such as smoking and alcohol consumption, working conditions, working time, skin absorption, use of personal protective equipment, and possible exposure to the substances outside the workplace. Biological monitoring values could exceed OEL-B even though exposure to the chemical substances is below OEL-M, and vice versa. Both OEL-M and OEL-B must be satisfied at the workplace.

(3) Biological specimens should be collected at the time that is most likely to represent the particular exposure to the substances concerned, or at the time most likely to predict occurrence of the particular adverse health effects. Only biological monitoring values measured under this condition can be referred to OEL-B.

(4) OEL-B is applied to cases of single-substance absorption. For exposure to a mixture of substances, interactions in terms of absorption, metabolism, accumulation, excretion and health effects must also be considered.

Substance [CAS No.]	Assay mate- rial	Parameter	OEL-B	Sampling time	Year of pro- posal
Acetone [67-64-1]	urine	Acetone <sup>a</sup>	40 mg/ <i>l</i>	Within 2 h prior to end of shift	'01
2-Butoxyethanol and 2-Butoxyethyl acetate [111-76-2, 112-07-2]	urine	Butoxyacetic acid <sup>a</sup>	200 mg/g·Cr	End of shift	'08
Cadmium and its compounds	blood	Cadmium <sup>b</sup>	5 μg/ <i>l</i>	Not critical	'21
[7440-43-9]	urine	Cadmium <sup>b</sup>	5 µg/g·Cr	Not critical	'21
Carbon disulfide [75-15-0]	urine	2-Thiothiazolidine- 4-carboxylic acid <sup>a</sup>	0.5 mg/g·Cr	End of shift (Avoid sizable intake of brassica vegetables)	'15
Cobalt and inorganic compounds (Except cobalt oxides) [7440-48-4]	blood	Cobalt <sup>a</sup>	3 µg/l	Within 2 h prior to end of shift at end of work week	'05
	urine	Cobalt <sup>a</sup>	35 μg/ <i>l</i>	Within 2 h prior to end of shift at end of work week	'05
Chlorobenzene [108-90-7]	urine	4-Chlorocatechol (hydrolysis) <sup>a</sup>	120 mg/g·Cr	End of shift	'08
3,3'-Dichloro-4,4'-diaminodiphe- nyl-methane (MBOCA, MOCA) [101-14-4]	urine	total MOCA <sup>a</sup>	$10 \ \mu g/g \cdot Cr^{\dagger}$	End of shift	'23
Dichloromethane [75-09-2]	urine	Dichloromethane <sup>a</sup>	0.2  mg/l	End of shift	'05
Ethylbenzene [100-41-4]	urine	Mandelic acid <sup>a</sup>	150 mg/g·Cr	End of shift	'21
	urine	Mandelic acid+ Phenylglyoxylic acid <sup>a</sup>	200 mg/g·Cr	End of shift at end of workweek	'21
	urine	Ethylbenzene <sup>a</sup>	15 μg/ <i>l</i>	End of shift	'21
Hexane [110-54-3]	urine	2,5-Hexanedione <sup>a</sup>	3 mg/g·Cr (After acid hydrolysis)	End of shift at end of workweek	'94
	urine	2,5-Hexanedione <sup>a</sup>	0.3 mg/g·Cr (Without acid hydrolysis)	End of shift at end of workweek	'94

Table II-1. Occupational exposure limits based on biological monitoring

Substance [CAS No.]	Assay mate- rial	Parameter	OEL-B	Sampling time	Year of pro- posal
Indium and compounds [7440-74-6]	serum	Indium <sup>b</sup>	3 μg/ <i>l</i>	Not critical	,07
Lead and compounds	blood	Lead <sup>b</sup>	$15 \mu g/100 m l$	Not critical	'13
(Except alkyl lead compounds)	blood	Protoporphyrin <sup>c</sup>	200 μg/100 m <i>l</i> ·RBC	Not critical	'94
[7439-92-1]			80 μg/100 m <i>l</i> ·blood	(After one month or more since consecutive exposure)	'94
	urine	δ-Aminolevulinic acid <sup>°</sup>	5 mg/l	Not critical (After one month or more since consecutive exposure)	'94
Mercury and compounds (Except alkyl mercury compounds) [7439-97-6]	urine	total inorganic mercury <sup>b</sup>	35 μg/g·Cr	Not critical	,93
Methanol [67-56-1]	urine	Methanol <sup>a</sup>	20 mg/l	End of shift	'10
Methyl ethyl ketone [78-93-3]	urine	Methyl ethyl ketone <sup>a</sup>	5 mg/ <i>l</i>	End of shift or a few hours after high exposure	'06
Methyl isobutyl ketone [108-10-1]	urine	Methyl isobytyl ketone <sup>a</sup>	1.7 mg/ <i>l</i>	End of shift	,07
Phenol [108-95-2]	urine	Phenol <sup>a</sup>	250 mg/g·Cr	End of shift	'08
Polychlorobiphenyls (PCBs) [53469-21-9, 11097-69-1, 1336-36-3]	blood	total PCB <sup>b</sup>	25 μg/ <i>l</i>	Not critical	'06
Styrene [100-42-5]	urine	Styrene <sup>a</sup>	20 µg/ <i>l</i>	End of shift at end of workweek	'22
	urine	Mandelic acid + Phenylglyoxylic acid <sup>a</sup>	160 mg/g·Cr	End of shift at end of workweek	'22
Tetrahydrofuran [109-99-9]	urine	Tetrahydrofuran <sup>a</sup>	2 mg/ <i>l</i>	End of shift	('15)
Toluene [108-88-3]	blood	Toluene <sup>a</sup>	0.6 mg/l	Within 2 h prior to end of	'99
	urine	Toluene <sup>a</sup>	0.06 mg/l	f shift at end of work week	'99
Trichloroethylene [79-01-6]	urine	Trichloroacetic acid <sup>b</sup>	10 mg/ <i>l</i>	End of shift at end of workweek	'22
	blood	Trichloroethylene	Semi-quantitative	End of shift at end of workweek	'22
	end- exhaled air	Trichloroethylene	Semi-quantitative	End of shift at end of workweek	'22
Xylene [95-47-6, 108-38-3, 106-42-3, 1330-20-7]	urine	total ( <i>o</i> -, <i>m</i> -, <i>p</i> -) methylhippuric acid <sup>a</sup>	800 mg/ <i>l</i>	End of shift at end of work week	'05

1. In setting OEL-B, consideration is given to either:

a, The relationship between biological monitoring values and OEL-Ms.

b, The exposure-effect and/or exposure-response relationships between biological monitoring values and health effects.

c, Blood protoporphyrin and urinary  $\delta$ -aminolevulinic acid (proposed in 1994) are currently under review as OEL-B for blood lead based on this evidence from 2013.

2. <sup>†</sup>: Provisional

3. See the JSOH website for a brief summary of OEL documentation at https://www.sanei.or.jp/english/oels/index.html

# **III. Occupational Carcinogens**

JSOH classifies occupational carcinogens based primarily on the epidemiological evidences<sup>1)</sup>, but the results of the animal experiments and their extrapolation to humans are also considered. Although the classification is defined by strength of the evidence, it does not reflect the carcinogenic potency.

JSOH considers the classification of occupational carcinogens proposed by the International Agency for Research on Cancer  $(IARC)^{2}$  to be appropriate in principle. JSOH also discussed the classification of several agents based on other information sources and finalized the list of occupational carcinogens in Table III-1a, b, and c. *Group 1* includes agents that are carcinogenic to humans. *Group 2* indicates the agents that are probably or possibly carcinogenic to humans, classifying them into two sub-groups based on the degree of evidence: *Group 2A* is assigned to the agents with more sufficient evidence (probably carcinogenic to humans) and *Group 2B* to those with less evidence (possible carcinogenic to humans).

Only when scientifically reasonable information is available, JSOH will estimate a reference value corresponding to an individual excess lifetime risk of cancer due to exposure to a *Group I* carcinogen, as shown in Table III-2. JSOH does not recommend either the reference value as a safe exposure level or the individual excess lifetime risk as an acceptable risk level. The reference value should be applied only by experts well-trained and experienced in occupational health to avoid or minimize the risk of occupational cancer.

The occupational carcinogens may have OEL, as in Table I-1. These values must be interpreted with caution. Some substances had epidemiological or experimental evidences that carcinogenicity was observed only at significantly higher concentrations than those for non-carcinogenic health effects, whereas others did not. In the latter case, the substances are indicated as  $\psi$  in Table I-1<sup>3</sup>. 1) Epidemiological evidences include serum epidemiology and molecular epidemiology

2) Including mechanistic evidences

3) See Table I-1 for Group 1 and Group 2A carcinogens.

Table III-3 indicates reference values corresponding to an individual excess lifetime risk of cancer for ionizing radiation. A series of the reference values, i.e., unit risk doses of ionizing radiation, are shown as Radiation Exposure Induced Death (REID) levels of 100, 50, 10, 1 for 1,000 population, stratified by sex, age, and exposure situation (single, repeated). A dose and dose-rate effectiveness factor (DDREF) of 1 was primarily adopted, and REID levels with a DDREF of 2 were also calculated for comparison. The reference values were calculated based on exposure-response relationship of low-linear energy transfer (X-ray and  $\gamma$ -ray), indicating that the values should not be applied in cases of internal exposure.

Substance	CAS No.	Year of proposal
4-Aminobiphenyl	92-67-1	'81, '86
Arsenic and inorganic arsenic compounds*	7440-38-2	'81, '86, ('00)
Asbestos	1332-21-4	'81, '86, ('00)
Benzene	71-43-2	'81, '86, ('97), ('19)
Benzidine	92-87-5	'81, '86
Benzo [a] pyrene	50-32-8	'86, '17
Benzotrichloride	98-07-7	'81, '86, ('01)
Beryllium and compounds*	7440-41-7	'86, '16
Bis (chloromethyl) ether	542-88-1	'81, '86
1,3-Butadiene	106-99-0	'91, '95, '01
Cadmium and compounds*	7440-43-9	'86, '91, '96
Chromium (VI) compounds	18540-29-9	'81, '86
Coal-tar pitch volatiles	_	'81, '86, ('04)
Coal-tars	8007-45-2	'81, '86, ('04)
1,2-Dichloropropane	78-87-5	'13, '14
Erionite	12510-42-8	'91
Ethylene oxide	75-21-8	'86, '90, '96
Ionizing radiation		'12
Mineral oils (untreated and mildly treated)		'81, '86, '91
2-Naphthylamine	91-59-8	'81, '86
Nickel smelting dusts*	7440-02-0	'81, '86, '91, ('09)
Polychlorinated biphenyls (PCB)	1336-36-3, 53469-21-9,	'86, '91, '16
	11097-69-1	
Shale oils	68308-34-9	'95
Silica (crystalline)	14808-60-7	'91, '01
Soots	_	'81, '86
Sulphur dichlorodiethyl	505-60-2	'86
Talc containing asbestiform fibers	14807-96-6	'91
2,3,7,8-Tetrachlorodibenzo-p-dioxin	1746-01-6	'86, '00
Tobacco smoke		'10
o-Toluidine	95-53-4	'86, '95, '01, '16
Trichloroethylene	79-01-6	'96, '15
UV radiation from welding		'21
Vinyl chloride	75-01-4	'81, '86
Welding fume	_	'21
Wood dust		'98

 Table III-1a.
 Group 1 carcinogens

\*Evaluation does not necessarily apply to all individual chemicals within the group.

( ) in the year of proposal indicates year of reconsideration resulting in no classification change. <sup>†</sup> Provisional

Table III 10. 0704p 2.		
Substance	CAS No.	Year of proposal
Acrylamide	79-06-1	'91, '95, ('04)
Acrylonitrile	107-13-1	'86
Benzal chloride	98-87-3	'91, '01
Benzyl chloride	100-44-7	'91, '01
Chloromethyl methyl ether (technical grade)	107-30-2	'92, ('01)
4-Chloro-o-toluidine	95-69-2	'91, '01
CI Direct Black 38**	1937-37-7	'86, '91, '95, '01, ('15)
CI Direct Blue 6**	2602-46-2	'86, '91, '95, '01, ('15)
CI Direct Brown 95**	16071-86-6	'86, '91, '95, '01, ('15)
Cobalt metal with tungsten carbide	7440-48-4,	'16
	12070-12-1	
Creosotes	8001-58-9	'91
1,2-Dibromoethane	106-93-4	'86, '95, '01
3,3'-Dichloro-4,4'-diaminodiphenylmethane (MBOCA)	101-14-4	'93, ('12)
Dichloromethane	75-09-2	'91, '14, '15
Diethyl sulphate	64-67-5	'86
N,N-Dimethylformamide	68-12-2	'91, '20
Dimethyl sulphate	77-78-1	'86
Dimethylcarbamoyl chloride	79-44-7	'86, '91
Epichlorohydrin	106-89-8	'86, '91
2,3-Epoxypropyl methacrylate (Glycidyl methacrylate, GMA)	106-91-2	`18
Formaldehyde	50-00-0	'86, '91, ('07), ('17)
Glycidol	556-52-5	'01
Hydrazine (Hydrazine anhydrous and Hydrazine hydrate)	302-01-2, 7803-57-8	'86, ('98), '19
Indium and compounds (inorganic, hardly soluble)	7440-74-6	'13, ('17)
2-Nitrotoluene	88-72-2	`18
PAHs (Cyclopenta [c,d] pyrene,	27208-37-3,	'16
Dibenz [a,h] anthracene, Dibenz [a,j] acridine,	53-70-3,	
Dibenzo [a,l] pyrene, 1-Nitropyrene, 6-Nitrochrysene)	224-42-0, 191-30-0,	
-Muopytene, o-Muoemysene)	5522-43-0,	
	7496-02-8	
1,3-Propane sultone	1120-71-4	'91, '17
Silicon carbide whisker	409-21-2,	'19
	308076-74-6	
Styrene	100-42-5	'91, '22
Styrene oxide	96-09-3	'92, ('18)
1,2,3-Trichloropropane	96-18-4	'01
Tris (2,3-dibromopropyl) phosphate	126-72-7	'91
Vinyl bromide	593-60-2	'91
Vinyl fluoride	75-02-5	'98

Table III-1b.Group 2A carcinogens

\*\*Dyes metabolized to benzidine.

<sup>†</sup>Provisional

( ) in the year of proposal indicates year of reconsideration resulting in no classification change.

	Group 2B carcinogens	
Substance	CAS No.	Year of proposal
Acetamide	60-35-5	'91
Acetoaldehyde	75-07-0	'91, ('21)
Acrolein <sup>†</sup>	107-02-8	'23
Acrylic acid methyl	96-33-3	'19
o-Aminoazotoluene	97-56-3	'91
p-Aminoazobenzene	60-09-3	'91
2-Amino-4-chlorophenol	95-85-2	`19
Amitrole	61-82-5	'86
Anthracene <sup>†</sup>	120-12-7	'23
Antimony trioxide	1309-64-4	'91, ('13)
o-Anisidine (o-anisidine hydrochloride)	90-04-0	'91, ('96), ('22)
Anthraquinone	84-65-1	'15
Auramine (technical grade)	492-80-8	'86
Benzofuran	271-89-6	'15
Benzophenone	119-61-9	'15
Benzoyl chloride	98-88-4	'16
Benzyl violet 4B	1694-09-3	'91
2,2-Bis (bromomethyl) propane-1,3-diol	3296-90-0	'01
Bitumens	8052-42-4	'91
1-Bromo-3-chloropropane	109-70-6	'20
Bromodichloromethane	75-27-4	'95
1-Bromopropane	106-94-5	'17
2-Bromopropane	75-26-3	21
1- <i>tert</i> -Butoxy-2-propanol	57018-52-7	'18
<i>n</i> -Butyl-2,3-epoxypropyl ether	2426-08-6	'16
$\beta$ -Butyrolactone	3068-88-0	,95
Carbon black	1333-86-4	·91
Carbon tetrachloride	56-23-5	,86
Catechol	120-80-9	,01
Chlordane	57-74-9	,01
Chlordecone (Kepone)	143-50-0	,01
Chlorendic acid	115-28-6	,91
Chlorinated paraffins	115-20-0	·91
<i>p</i> -Chloroaniline	106-47-8	,95
4-Chlorobenzotrifluoride	98-56-6	,20
Chloroform	67-66-3	<sup>20</sup> '86, ('05)
1-Chloro-2-methylpropene	513-37-1	<sup>30</sup> , ( <sup>05</sup> ) '01
3-Chloro-2-methylpropene	563-47-3	<sup>01</sup> '01, ('17)
Chlorophenoxy acetic acid herbicides <sup>*</sup>	505-47-5	'86
<i>p</i> -Chloro- <i>o</i> -phenylenediamine	95-83-0	·91
Chloroprene		,01
Chlorothalonil	126-99-8	,01 ,01
	1897-45-6	
CI acid red 114	6459-94-5	<sup>'95</sup>
CI basic red 9	569-61-9	<sup>'95</sup>
CI direct blue 15	2429-74-5	<sup>'95</sup>
CI direct blue 218	28407-37-6	'21
Citrus red No.2	6358-53-8	'91
Cobalt and compounds	7440-48-4	'95, ('16)
(Without tungsten carbide)*	100 -1 0	201
<i>p</i> -Cresidine	120-71-8	'91
Crotonaldehyde	4170-30-3	'21
Cumene	98-82-8	'15, ('19)
Dantron	117-10-2	'15
<i>N</i> , <i>N</i> '-Diacetyl benzidine	613-35-4	'91
2,4-Diaminoanisole	615-05-4	'91

Table III-1c.Group 2B carcinogens

Substance	CAS No.	Year of proposal
4,4'-Diaminodiphenyl ether	101-80-4	'91
2,4-Diaminotoluene	95-80-7	'91
Diazinon	333-41-5	'18
1,2-Dibromo-3-chloropropane	96-12-8	'91
2,3-Dibromopropan-1-ol	96-13-9	'01
p-Dichlorobenzene	106-46-7	'91, ('98)
3,3'-Dichlorobenzidine	91-94-1	'86
1,4-Dichloro-2-butene	764-41-0	'15
3,3'-Dichloro-4,4'-diaminodiphenyl ether	28434-86-8	'91
1,2-Dichloroethane	107-06-2	'91
1,4-Dichloro-2-nitrobenzene	89-61-2	'19
2,4-Dichloro-1-nitrobenzene	611-06-3	'19
1,3-Dichloropropene (technical grade)	542-75-6	'91
1,3-Dichloro-2-propanol	96-23-1	'15
Dichlorvos	62-73-7	'01
Diepoxybutane	1464-53-5	'91
Diethanolamine	111-42-2	'15
Di (2-ethylhexyl) phthalate	117-81-7	'91
1,2-Diethylhydrazine	1615-80-1	'91
Diglycidyl resorcinol ether	101-90-6	'91
Diisopropyl sulfate	2973-10-6	'95
N,N-Dimethylacetamide	127-19-5	'19
p-Dimethylaminoazobenzene	60-11-7	'91
2,6-Dimethylaniline	87-62-7	'95
3,3'-Dimethylbenzidine (o-Tolidine)	119-93-7	'91
1,1-Dimethylhydrazine	57-14-7	'91
Dimethyl hydrogen phosphite <sup>†</sup>	868-85-9	'23
N,N-Dimethyl- <i>p</i> -toluidine	99-97-8	'17
3,3'-Dimethoxybenzidine ( <i>o</i> -Dianisidine)	119-90-4	'86
2,4-(or 2,6-) Dinitrotoluene	121-14-2	'98
1,4-Dioxane	123-91-1	'86, ('15)
Diphenylamine	122-39-4	'22
Disperseblue 1	2475-45-8	'91
DDT	50-29-3	'86, ('17)
1,2-Epoxybutane	106-88-7	'01 201 (210)
Ethyl acrylate	140-88-5	'91, ('19)
Ethylbenzene	100-41-4 103-11-7	'01, ('20) '19
2-Ethylhexyl acrylate Ethyl methanesulphonate	62-50-0	·91
Ethylene thiourea	96-45-7	'86
Ethylenimine	151-56-4	'01, ('18)
(2-Formylhydrazino)-4-(5-nitro-2-furyl) thiazole	3570-75-0	'91
Furan	110-00-9	·01
Furfuryl alcohol	98-00-0	'19
Gasoline	8006-61-9	'01
Glycidaldehyde	765-34-4	'91
Glyphosate	1071-83-6	'21
HC blue No. 1	2784-94-3	'95
Heptachlor	76-44-8	°01
Hexachlorocyclohexanes	319-84-6	'91
Hexachloroethane	67-72-1	22
Hexamethylphosphoramide	680-31-9	'01
Isophorone	78-59-1	,22
Isoprene	78-79-5	'95, ('17)
Lead and compounds (Except alkyl lead) <sup>*</sup>	7439-92-1	'91, ('16)
Magenta (Containing CI basic red 9)	632-99-5	'95

Substance	CAS No.	Year of proposa
Magnetic fields, extremely low-frequency		'15
Malathion	121-75-5	'18
Man-made mineral fibers		'91, '03
(Ceramic fibers, Micro glass fibers)		
Melamine	108-78-1	'19
2-Mercaptobenzothiazole	149-30-4	'19
4,4'-Methylene bis (2-methylaniline)	838-88-0	'91
4,4'-Methylenedianiline	101-77-9	'91, ('95)
Methyl isobutyl ketone	101-77-9	'15
Methyl mercuries	7439-97-6	,95
-		
2-Methyl-1-nitroanthraquinone	129-15-7	'91
<i>N</i> -Methyl- <i>N</i> -nitrosourethane	615-53-2	'91
<i>N</i> -Methylolacrylamide	924-42-5	22
a-Methylstyrene	98-83-9	'15
Mirex	2385-85-5	'01
Molybdenum trioxide	1313-27-5	'17
β-Myrcene	123-35-3	'18
Naphthalene	91-20-3	'15
Nickel compounds	7440-02-0	'81, '86, '91, ('09)
(Except nickel carbonyl and nickel smelting dusts)*		
2-Nitroanisole	91-23-6	'98, ('22)
4-Nitroanisole	100-17-4	'19
Nitrobenzene	98-95-3	'98
o-Nitrochlorobenzene	88-73-3	'19
<i>p</i> -Nitrochlorobenzene	100-00-5	'19
Nitrilotriacetic acid and its salts	139-13-9	'91
Nitrogen mustard- <i>N</i> -oxide	126-85-2	'91
5-Nitroacenaphtene	602-87-9	'91
Nitromethane	75-52-5	,01
2-Nitropropane	79-46-9	·91
<i>N</i> -Nitrosodiethanolamine	1116-54-7	,01
<i>N</i> -Nitroso- <i>N</i> -phenylhydroxylamine ammonium salt	135-20-6	'21
(Cupferron)	133-20-0	21
	50.80.2	'91
<i>N</i> -Nitrosomorpholine	59-89-2	
Oil orange SS	2646-17-5	'91
PAHs (Benz[a]anthracene, Benz[j]aceanthrylene,	56-55-3,	'16
Benzo[b]fluoranthene, Benzo[c]phenanthrene, Benzo[j]fluoranthene, Benzo[k]fluoranthene,	202-33-5, 205-99-2,	
	· · · · ·	
Chrysene, Dibenz[a, h]acridine, Dibenz[c, h]	195-19-7, 205-82-3,	
acridine, Dibenzo[a, h]pyrene, Dibenzo[a, i]pyrene,	205-82-3, 207-08-9,	
7H-Dibenzo[c, g]carbazole, 1,3-Dinitropyrene, 1, 6- Dinitropyrene, 1,8-Dinitropyrene, 5-Methylchrysene,	207-08-9, 218-01-9,	
3-Nitrobenzanthrone, 4-Nitropyrene)	218-01-9, 226-36-8,	
5-Mirobenzantirone, 4-Miropyrene)	220-30-8, 224-53-3,	
	189-64-0,	
	189-55-9, 194-59-2,	
	· · · · · · · · · · · · · · · · · · ·	
	75321-20-9,	
	42397-64-8,	
	42397-65-9,	
	3697-24-3,	
	17117-34-9,	
	57835-92-4	217
Perfluorooctanoic acid	335-67-1	'17
Perfluorooctanoic acid Phenyl glycidyl ether <i>o</i> -Phenylenediamine and its dihydrochloride	335-67-1 122-60-1 95-54-5,	'91 '19

Substance	CAS No.	Year of proposal
Polybrominated biphenyls	59536-65-1	'91, ('17)
Polychlorophenols (technical grades)		'86
Ponceau 3R	3564-9-8	'91
Ponceau MX	3761-53-3	'91
$\beta$ -Propiolactone	57-57-8	'91
Propylene imine (2-Methylaziridine)	75-55-8	'91, ('17)
Propylene oxide	75-56-9	'91, '95
Pyridine	110-86-1	'18
Quinoline	91-22-5	'18
Radiofrequency electromagnetic fields		'15
1,1,2,2-Tetrachloroethane	79-34-5	'15
Tetrachloroethylene	127-18-4	'91, ('01)
Tetrafluoroethylene	116-14-3	'01, ('17)
2,4,6-Trichlorophenol	88-06-2	'18
Tetrabromobisphenol A	79-94-7	'19
Tetrahydrofuran	109-99-9	'19
Tetranitromethane	509-14-8	'98
4,4'-Thiodianiline	139-65-1	'91
Thiourea	62-56-6	'95
Titanium dioxide	13463-67-7	`15
Toluene diisocyanates (TDI)	26471-62-5	'91
Trimethylolpropane Triacrylate (technical grade)	15625-89-5	'19
Trypane blue	72-57-1	'91
Urethane	51-79-6	'91
Vanadium pentoxide	1314-62-1	'15
Vinylidene chloride	75-35-4	'18
Vinyl acetate	108-05-4	'98
4-Vinylcyclohexene	100-40-3	'95
4-Vinylcyclohexene diepoxide	106-87-6	'95

\*Evaluation does not necessarily apply to all individual chemicals within the group. \*Provisional

() in the year of proposal indicates year of reconsideration resulting in no classification change.

Substance In	dividual excess lifetime risk	of cancer Reference value	Method of estimation	Year of estimation
Arsenic and inorganic	arsenic $10^{-3}$	3 µg/m <sup>3</sup>	Average relative risk model	'00'
compounds	10 <sup>-4</sup>	$0.3 \ \mu g/m^3$		
Asbestos				
chrysotile	$10^{-3}$	0.15 fibers/ml	Average relative risk model	'00
	$10^{-4}$	0.015 fibers/ml		
containing asbestos	fibers $10^{-3}$	0.03 fibers/ml		
other than chryso	tile 10 <sup>-4</sup>	0.003 fibers/ml		
Benzene	$10^{-3}$	1 ppm	Average relative risk model	'97, ('19)
	$10^{-4}$	0.1 ppm		
Ionizing radiation	(Table III-3)			'12
Nickel smelting dusts	(as Ni) $10^{-3}$	$10 \ \mu g/m^3$	Average relative risk model	'09
-	10 <sup>-4</sup>	$1 \ \mu g/m^3$	-	
Vinyl chloride	$10^{-3}$	1.5 ppm	Average relative risk model	'17
	$10^{-4}$	0.15 ppm	-	

Table III-2. Reference values corresponding to an individual excess lifetime risk of cancer

Table III-3. Unit risk doses of ionizing radiation: Risk of Exposure-Induced Death (REID) levels of 100, 50, 10, 1, for 1,000 population Single exposure (mS<sub>v</sub>), DDREF = 1

(a) Male						(b) Female						
REID		age	at first exp	osure		REID		age	at first expo	xposure		
	18	28	38	48	58		18	28	38	48	58	
$10^{-1}$	892.2	1,075.5	1,342.1	1,760.8	2,441.8	10 <sup>-1</sup>	762.9	939.2	1,204.2	1,628.9	2,320.5	
$5 \times 10^{-2}$	440.8	535.2	676.9	911.2	1,325.0	$5 \times 10^{-2}$	374.1	462.3	597.7	821.7	1,207.9	
$10^{-2}$	87.4	106.8	136.7	189.0	291.6	10 <sup>-2</sup>	73.7	91.4	119.0	166.0	251.9	
$10^{-3}$	8.7	10.7	13.7	19.1	30.0	10 <sup>-3</sup>	7.3	9.1	11.9	16.6	25.5	
$10^{-4}$	0.9	1.1	1.4	1.9	3.0	$10^{-4}$	0.7	0.9	1.2	1.7	2.6	

Repeated exposure until age 68 (from first exposure age to the end of age 67) (mSv/year) DDREF = 1

(-) M-1-						(h) E1-					
(a) Male						(b) Female					
REID	age at first exposure REID						age a	t first expo	sure		
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	34.1	50.8	83.5	160.2	412.8	$10^{-1}$	28.6	42.7	70.1	133.0	342.4
$5 \times 10^{-2}$	16.4	24.5	40.3	77.5	203.9	$5 \times 10^{-2}$	13.8	20.7	33.9	64.5	167.5
$10^{-2}$	3.2	4.8	7.8	15.1	40.4	10 <sup>-2</sup>	2.7	4.0	6.6	12.6	33.0
$10^{-3}$	0.3	0.5	0.8	1.5	4.0	10 <sup>-3</sup>	0.3	0.4	0.7	1.3	3.3
$10^{-4}$	0.03	0.05	0.08	0.15	0.40	$10^{-4}$	0.03	0.04	0.07	0.13	0.33

Repeated 10-year exposure, (10 years from first exposure age) (mSv/year) DDREF=1 (a) Male 1

(a) Male						(b) Female					
REID		age a	at first expo	sure		REID	age at first exposure				
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	101.7	126.8	168.1	245.8	412.8	$10^{-1}$	85.5	108.2	145.3	211.0	342.4
$5 \times 10^{-2}$	49.2	61.4	81.4	119.6	203.9	$5 \times 10^{-2}$	41.5	52.5	70.5	102.6	167.5
$10^{-2}$	9.6	12.0	15.9	23.4	40.4	$10^{-2}$	8.1	10.3	13.8	20.1	33.0
$10^{-3}$	1.0	1.2	1.6	2.3	4.0	$10^{-3}$	0.8	1.0	1.4	2.0	3.3
$10^{-4}$	0.10	0.12	0.16	0.23	0.40	$10^{-4}$	0.08	0.10	0.14	0.20	0.33

Repeated 5-year exposure, (5 years from first exposure age) (mSv/year) DDREF=1 (a) Male (b) Female

(u) maie											
REID		age a	at first expo	sure		REID		sure			
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	192.5	236.8	306.4	430.4	673.3	$10^{-1}$	161.8	202.3	266.4	376.7	581.4
$5 \times 10^{-2}$	93.3	115.0	149.3	211.4	337.9	$5 \times 10^{-2}$	78.6	98.3	129.7	184.1	287.1
$10^{-2}$	18.2	22.5	29.3	41.7	68.0	10 <sup>-2</sup>	15.4	19.2	25.4	36.2	56.9
$10^{-3}$	1.8	2.2	2.9	4.2	6.8	10 <sup>-3</sup>	1.5	1.9	2.5	3.6	5.7
$10^{-4}$	0.18	0.22	0.29	0.42	0.68	10 <sup>-4</sup>	0.15	0.19	0.25	0.36	0.57

# Single exposure (mSv) DDREF=2

(a) Male						(b) Female					
REID	Age					REID	Age				
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	1,541.0	1,801.1	2,139.4	2,599.6	3,245.9	10 <sup>-1</sup>	1,403.1	1,692.1	2,084.0	2,646.2	3,436.8
$5 \times 10^{-2}$	797.0	946.9	1,153.4	1,455.7	1,911.2	$5 \times 10^{-2}$	707.5	862.9	1,085.7	1,425.2	1,940.6
$10^{-2}$	165.1	199.8	251.4	335.9	486.3	$10^{-2}$	142.8	176.1	226.6	309.8	453.4
$10^{-3}$	16.7	20.3	25.8	35.1	53.3	10 <sup>-3</sup>	14.3	17.7	22.9	31.7	47.7
10 <sup>-4</sup>	1.7	2.0	2.6	3.5	5.4	10 <sup>-4</sup>	1.4	1.8	2.3	3.2	4.8

Repeated exposure until age 68 (from first exposure age to the end of age 67) (mSv/year) DDREF = 2

-											
(a) Male						(b) Female					
REID		age a	at first expo	sure		REID	EID age at first exposu				
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	63.5	93.4	150.2	276.5	650.5	$10^{-1}$	54.9	81.4	131.9	244.7	596.9
$5 \times 10^{-2}$	30.7	45.3	73.2	136.8	337.3	$5 \times 10^{-2}$	26.6	39.5	64.2	120.1	301.3
$10^{-2}$	6.0	8.8	14.4	27.2	70.2	10 <sup>-2</sup>	5.2	7.7	12.6	23.7	60.9
$10^{-3}$	0.6	0.9	1.4	2.7	7.1	10 <sup>-3</sup>	0.5	0.8	1.3	2.4	6.1
$10^{-4}$	0.06	0.09	0.14	0.27	0.71	$10^{-4}$	0.05	0.08	0.13	0.24	0.61

Repeated 10-year exposure, (10 years from first exposure age) (mSv/year) DDREF = 2 (a) Mala (b) Famala

(a) Male						(b) Female					
REID	age at first exposure					REID	age at first exposure				
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	191.2	235.3	304.2	424.7	650.5	$10^{-1}$	165.2	207.5	274.3	387.7	596.9
$5 \times 10^{-2}$	93.2	115.1	149.9	212.5	337.3	$5 \times 10^{-2}$	80.5	101.2	134.4	191.7	301.3
$10^{-2}$	18.3	22.6	29.7	42.6	70.2	10 <sup>-2</sup>	15.8	19.9	26.5	38.0	60.9
$10^{-3}$	1.8	2.3	3.0	4.3	7.1	10 <sup>-3</sup>	1.6	2.0	2.6	3.8	6.1
$10^{-4}$	0.18	0.23	0.30	0.43	0.71	$10^{-4}$	0.16	0.20	0.26	0.38	0.61

Repeated 5-year exposure, (5 years from first exposure age) (mSv/year) DDREF=2 (a) Male (b) Female

(a) Male						(0) Female					
REID		age at first exposure					age at first exposure				
	18	28	38	48	58		18	28	38	48	58
$10^{-1}$	358.0	433.6	545.5	726.9	1,032.7	$10^{-1}$	310.9	385.1	497.8	681.2	989.7
$5 \times 10^{-2}$	176.0	214.5	272.8	371.6	550.8	$5 \times 10^{-2}$	152.1	189.1	246.1	341.5	510.3
$10^{-2}$	34.8	42.6	54.7	76.1	118.5	10 <sup>-2</sup>	29.9	37.3	48.8	68.6	105.3
$10^{-3}$	3.5	4.3	5.5	7.7	12.1	10 <sup>-3</sup>	3.0	3.7	4.9	6.9	10.6
$10^{-4}$	0.35	0.42	0.55	0.77	1.21	10 <sup>-4</sup>	0.30	0.37	0.49	0.69	1.06

# **IV. Occupational Sensitizers**

The occupational sensitizers to the airway and skin are enlisted in Table IV.

### 1. Definition of sensitizers

Respiratory sensitizers are substances that can induce respiratory sensitization\* by inhalation.

Skin sensitizers are substances that can induce skin sensitization by skin contact.

\* Rhinitis, asthma, hypersensitivity pneumonitis, eosinophilic pneumonia, etc.

### 2. Classification of sensitizers

Occupational sensitizers are recommended for respiratory tract and skin. The sensitizers are classified into *Group 1* substances which induce allergic reactions in humans, *Group 2* substances which probably induce allergic reactions in humans, and *Group 3* substances which possibly induce allergic reactions in humans.

Recommendation of occupational exposure limits for the occupational sensitizers does not necessarily consider either prevention of induction or elicitation.

Respiratory sensitization might be severe to human health.

The absence of any substance from the list does not indicate that the substance is not a sensitizer.

### 3. Respiratory sensitizers

### Group 1

There is a clear association between respiratory symptoms and occupational exposure. Case reports of positive inhalation challenge tests, serological studies, or prick tests are reported in at least two different research organizations.

In addition, there is at least one epidemiological study which indicates a clear association between respiratory symptoms and occupational exposure.

Group 2

There is a clear association between respiratory symptoms and occupational exposure. Case reports of positive inhalation challenge tests, serological studies, or prick tests are reported in at least two different research organizations.

However, there is no epidemiological study.

Group 3

(1) Positive animal tests which fulfill all conditions as below are reported in at least two different research organizations.

- (i) induction and elicitation are performed by inhalation, nasal, or bronchial administration.
- (ii) detections of elicitation are performed by either bronchial alveolar lavage fluid (BALF), cell fractionation or histopathological studies. One among respiratory function studies, detections of antibodies or analyses of cytokines are performed.
- (iii) both only induction group and only elicitation group are set up as negative controls.
- (iv) clear positive control is integrated or
- (2) Positive animal tests which fulfill all conditions as stated above are reported in only one research organization. Positive appropriate animal test which does not fulfill all conditions is also reported in other research organizations.
  - \* The conditions other than those stated above ((i)~(iv)) might also provide an evidence for an animal sensitizer.

# 4. Skin sensitizers

### Group 1

Case reports which show a clear association between skin symptoms and skin tests\* are reported in at least two different research organizations.

In addition, an epidemiological study which clearly indicates associations among occupational exposures, and skin symptoms and tests, is reported in at least one research organization. Skin tests should be appropriately performed with controls.

\* Skin tests include patch, prick, and scratch tests. *Group 2* 

Case reports which show a clear association between skin symptoms and skin tests are reported in at least two different research organizations.

However, there is no epidemiological study.

Group 3

Positive appropriate animal tests: guinea pig maximization test (GPMT), and the Buehler guinea pig test (OECD Guideline 406) or Local Lymph Node Assay (LLNA) (OECD 429) are reported in at least one research organization.

Response of  $\geq 30\%$  is considered positive in GPMT, while that of  $\geq 15\%$  is considered positive in Buehler test. Stimulation index (SI) should be  $\geq 3$  in LLNA. Other animal tests which are validated would be considered.

### Table IV. Occupational sensitizers

### Airway

### Group 1

Beryllium\*, Cobalt\*, Colophony (Rosin)\*, Diphenylmethane-4,4'-diisocyanate (MDI), Glutaraldehyde, Hexane-1,6-diisocyanate, Methyltetrahydrophthalic anhydride, *o*-Phthalaldehyde, Phthalic anhydride, Platinum\*, Toluene diisocyanates\*, Trimellitic anhydride *Group 2* 

Chlorothalonil, Chromium\*, Ethylenediamine, Formaldehyde, Maleic anhydride, Methyl methacrylate, Nickel\*, Piperazine Skin

# Group 1

Aniline, Benzoyl peroxide, Chlorothalonil, Chromium\*, Cobalt\*, Colophony (Rosin)\*, 2,4-Dinitrochlorobenzene (DNCB), Epichlorohydrin, Formaldehyde, Glutaraldehyde, Hydrazine\*, Mercury\*, 4,4'-Methylenedianiline, Nickel\*, *p*-Phenylenediamine, *o*-Phthalaldehyde, Platinum\*, Resorcinol, Sodium ethylmercury 2-Sulfidobenzoate (Thimerosal), Thiuram, Trichloroethylene, Tri (propylene glycol) diacrylate, *N*,*N*',*N*''-Tris (β-hydroxyethyl)-hexahydro-1,3,5-triazine, Turpentine\*, *m*-Xylylendiamine

Group 2

Acrylamide, Benomyl, 1,2-Benzothiazolin-3-one<sup>†</sup>, Benzyl alcohol, Beryllium\*, Buthyl acrylate, *N*-butyl-2,3-epoxy-propyl ether, Copper\*, Dibutyl phthalate, Dichloropropane, Dicyclohexylcarbodiimide, Diethanolamine, 2,3-Epoxypropyl methacrylate (Glycidyl methacrylate, GMA), Ethyl acrylate, Ethylenediamine, Ethylene glycol dimethacrylate, Ethylene oxide, Fenitrothion, 1,6-Hexanediol diacrylate, Hydroquinone, 2-Hydroxyethyl acrylate, 2-Hydroxyethyl methacrylate, Iodine\*, Maleic anhydride, Methyl acrylate, 2-Methyl-4-isothiazolin-3-one<sup>†</sup>, Methyl methacrylate, 2-n-octyl-4-isothiazolin-3-one, Picric acid, Polyvinyl chloride plasticizers\*, Rodium\*, Toluene diamine\*, Toluene diisocyanates\*, Usnic acid *Group 3* 

m-Chloroaniline, Dimethylamine, Isophoronediisocyanate, o-Phenylenediamine, m-Phenylenediamine

\*Evaluation does not necessarily apply to all individual chemicals within the group. <sup>†</sup>Provisional.

The revised definition of "Occupational sensitizer" has been applied to the substances proposed in 1998 or later, and the substances listed before 1998 are not fully re-examined at this time; please note that OEL values are not necessarily recommended for all the substances listed here. See JSOH web site for brief summary of OEL documentation at https://www.sanei.or.jp/english/oels/index.html

# **V. Reproductive Toxicants**

The JSOH classifies reproductive toxicants based on the evidence of reproductive toxicity obtained from epidemiological studies and other studies in humans, as well as that from experimental studies in animals. The classification is made based on the strength of evidence for adverse effects on reproduction in humans, without reflecting the potency of such adverse effects. Namely, the classification does not necessarily indicate that exposures to the classified substances at the present OEL-M levels induce adverse effects on reproduction. The definition of reproductive toxicity and the classification criteria for judgment are as follows.

### 1. Definition of reproductive toxicity

Reproductive toxicity includes adverse effects on reproductive functions in males and females, including those on offspring. Effects on fertility, pregnancy, delivery, and lactation in women, and fertility/insemination in men are within the scope of the definition. Substances that have adverse effects on reproductive organs are also included within the classification criteria if the reproductive functions referred to above are suspected to be affected. In the case of offspring, reproductive toxicity is defined as the effects on the development of the embryo/ fetus including teratogenic insults by prenatal exposure to the substance and/or the effects on the infant by postnatal exposure via lactation due to transfer in breast milk. Effects on post-weaning growth, behavior, function, sexual maturation, carcinogenesis, accelerated aging, and other processes that are clearly demonstrated in the offspring as a result of parental exposure, are considered as

### reproductive toxicity.

- 2. Classification and judgment criteria
- 1) Classification of reproductive toxicants:
  - Reproductive toxicants shall be classified in *Group 1*, *Group 2*, or *Group 3* and defined as follows:
  - *Group 1*: Substances known to cause reproductive toxicity in humans.
  - *Group 2*: Substances presumed to cause reproductive toxicity in humans.
  - *Group 3*: Substances suspected to cause reproductive toxicity in humans.
- 2) Judgment criteria for the classification of reproductive toxicity:

*Group 1*: Substances for which sufficient evidence in humans has been obtained from epidemiological and other human studies shall be classified.

Sufficient evidence that demonstrates reproductive toxicity in humans is required, where sufficient refers to two or more reports of epidemiological studies conducted in an appropriate manner. A single epidemiological study can be used as the evidence for classification to this group if any of the following conditions are satisfied: a) the study takes into consideration both dose-response relationships and co-exposure to other substances or potential confounding factors, in an appropriate manner; b) the study is supported by many non-epidemiological study reports such as those on clinical cases or accidental exposures, indicating reproductive toxicity, and is therefore considered as sufficient evidence of toxicity in humans. Animal experimental data are considered as supportive

### Table V. Reproductive toxicants

Group 1

Group 2

### Group 3

Atrazine, *n*-Butyl-2,3-epoxypropylether, Chromium and compounds, *p*-Dichlorobenzene, 2,3-Epoxypropyl methacrylate (Glycidyl methacrylate, GMA), Ethyleneimine, 2-Ethyl-1-hexanol, Ethylidene norbornene, Glyphosate, Multi-walled carbon nanotube<sup>†</sup>, Nickel and compounds, Phenol, Tetrachloroethylene, Trichloroethylene, Xylene (*ortho-*, *meta-*, *para-*xylene, and their mixture)

Not all substances that may exert reproductive toxicity are identified.

<sup>#</sup>: Precaution should be given for lower exposure than OEL-M or OEL-B. As for reproductive toxicity, it is generally known that there is a sensitive period, during pregnancy for example, and such effects of this substance have been identified.

<sup>†</sup>Provisional

Arsenic and compounds, 2-Bromopropane, Cadmium and compounds, Carbon disulfide, Carbon monoxide<sup>#</sup>, Di (2-ethylhexyl) phthalate<sup>#</sup>, Ethylene glycol monomethyl ether, Ethylene glycol monomethyl ether acetate, Ethylene oxide, Lead and compounds<sup>#</sup>, Perfluorooctanoic acid (PFOA)<sup>#</sup>, Polychlorobiphenyls (PCB), Toluene

Acrylamide, Benomyl<sup>#</sup>, 1-Bromopropane, Chlorodifluoromethane, Chloromethane, 2,4-Dichlorophenoxyacetic acid (2,4-D), *N*,*N*-Dimethylacetamide, *N*,*N*-Dimethylformamide (DMF), Ethyl benzene, Ethylene glycol monobutyl ether, Ethylene glycol monoethyl ether, Ethylene glycol monoethyl ether acetate, Inorganic mercury (including mercury vapor), Manganese and its compounds (as Mn except organic manganese compounds), Methanol, Pentachlorophenol (PCP), Styrene, Vanadium and compounds, Xylene for industrial use

See JSOH web site for brief summary of OEL documentation at https://www.sanei.or.jp/english/oels/index.html

information.

*Group 2*: Substances for which sufficient evidence demonstrating reproductive toxicity has been obtained in appropriate animal experiments, and thus presumed to cause reproductive toxicity in humans, shall be classified.

Judgment shall be made based on animal experiments, specifically, evidence showing obvious adverse effects on reproduction in animals, identified by appropriately conducted animal experimental studies, thereby reasonably indicating the reproductive toxicity of the substance in humans. When judgment is based on the results of animal experiments, it is required that the observed effects should not be consequential of secondary non-specific effects of other general toxicities, and the identified mechanism of action should be non-species-specific, and therefore, relevant for extrapolation to humans. In addition, those observed changes which are small, and exert only nonsignificant effects on the life or function of the subject, are not considered satisfactory for the requirement.

*Group 3*: Substances with limited evidence has been demonstrated shall be classified.

Substances are allocated into this group when reproductive toxicities are suspected from reports in humans or animal experiments. When information for reproductive toxicity, obtained from epidemiological studies, other human studies, and/or animal experiments, is not sufficient for allocating the substance to *Group 1* or *Group 2*, it can be considered for classification in *Group 3*.

# 3. Classified reproductive toxicants

Table V. lists the substances classified in each reproductive toxicant group, according to the previously mentioned judgment criteria. The judgment for substances with JSOH-recommended OEL, is based on information described in the documentation for Recommendation of OEL by JSOH and other relevant information; however, substances excluded from the table could meet the classification criteria of reproductive toxicity. There may be some substances for which reproductive toxicity might be observed below the OEL-M or OEL-B; in such cases, precautionary notice is given by adding a symbol (#) next to the substances in Table V.

### VI. Occupational Exposure Limits for Continuous or Intermittent Noise

Occupational exposure limits (OELs) for continuous or intermittent noise exposure are recommended as follows to protect against noise-induced hearing loss.

### 1. OELs for continuous or intermittent noise

Values in Fig. VI or Table VI-1 show OELs, at or below which noise-induced permanent threshold shift (NIPTS) is expected to be below 10 dB at or below a frequency of 1 kHz, below 15 dB at 2 kHz, and below 20 dB at or more than 3 kHz after more than 10 years of continuous or intermittent noise exposure for 8 hours a day in most workers.

Basically, the frequency analysis of noise is recommended. In the case of evaluating with an A-weighted sound pressure level, OELs in Table VI-2 should be used. 2. Applicable noise

OELs can be applied to wide and narrow-band noise with band width below 1/3 octave. OELs are temporarily applicable to pure tones regarded as narrow-band noise. Impulsive or impact noise is excluded from the application (see Section VII).

### 3. Application method

(1) In the case of continuous noise exposure throughout the work-time, OELs corresponding to the exposure duration should be taken from Fig. VI, Table VI-1, or Table VI-2.

(2) In the case of intermittent noise exposure, an equivalent exposure duration is considered to be the sum of exposure duration throughout the work-time minus an effective resting duration, and OELs corresponding to the equivalent exposure duration should be taken from Fig. VI, Table VI-1, or Table VI-2. The effective resting duration is the duration when the noise levels are below 80 dB.

(3) In the case that noise is analyzed by an octave band filter, OELs corresponding to exposure duration are the values at the left ordinate of Fig. VI or in Table VI-1. In the case that noise is analyzed by a narrower band filter with a band width of 1/3 octave or less, OELs are the values at the right ordinate of Fig. VI or the values subtracted 5 from the figures in Table VI-1.

### 4. Noise measurement

For measurement methods, refer to 'Japan Industrial Standard (JIS) Z 8731:2019 Acoustics-Description and measurement of environmental noise'. Equivalent continuous sound pressure level should be measured using the Sound Level Meter (JIS C 1509-1-2017) or the Personal Noise Dosimeter (IEC 61252 Ed.1.2:2017 or ANSI S1.25-1991).

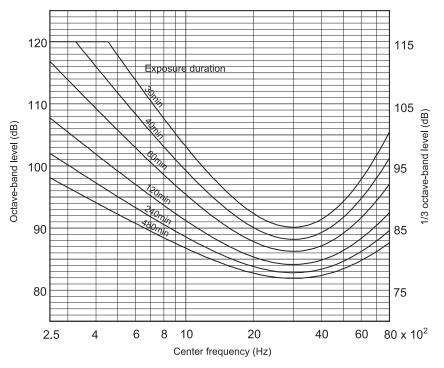


Fig. VI. Occupational exposure limits for continuous or intermittent noise.

Center		OELs by octave-band level (dB)									
frequent (Hz)	480 min	240 min	120 min	60 min	40 min	30 min					
250	98	102	108	117	120	120					
500	92	95	99	105	112	117					
1000	86	88	91	95	99	103					
2000	83	84	85	88	90	92					
3000	82	83	84	86	88	90					
4000	82	83	85	87	89	91					
8000	87	89	92	97	101	105					

 Table VI-1.
 Occupational exposure limits for continuous or intermittent noise

Exposure duration (hours- minutes)	OELs by A-weighted sound pressure level (dB)	Exposure duration (hours- minutes)	OELs by A-weighted sound pressure level (dB)
24 - 00	80	2 - 00	91
20 - 09	81	1-35	92
16 - 00	82	1 - 15	93
12-41	83	1 - 00	94
10 - 04	84	0 - 47	95
8 - 00	85	0-37	96
6 - 20	86	0-30	97

0 - 23

0 - 18

0 - 15

98

99

100

87

88

89

90

 
 Table VI-2.
 Occupational exposure limits for continuous or intermittent noise by A-weighted sound pressure level

# VII-i. Occupational Exposure Limits for Impulsive or Impact Noise

Occupational Exposure Limits (OELs) for impulsive or impact noise exposure in the workplace are recommended as follows to protect against noise-induced hearing loss.

# 1. OELs for impulsive or impact noise

In the case that total frequency of exposure to impulsive or impact noise is at or below 100 times a day, the peak sound pressure level shown in Fig. VII-1 is recommended as the OEL corresponding to the duration of impulsive or impact noise explained in "3. Measurement method".

In the case that total number of exposures to impulsive or impact noise is above 100 times a day, the sum of the peak sound pressure level in Fig. VII-1 with the adjustment value in Fig. VII-2 to cerrect the difference of exposure frequency is recommended as OEL. At or below these limits, NIPTS is expected to be below 10 dB at or below a frequency of 1 kHz, below 15 dB at 2 kHz, and below 20 dB at or more than 3 kHz after more than 10 years of impulsive or impact noise exposure in most workers.

### 2. Applicable noise

5 - 02

4 - 00

3 - 10

2 - 30

These OELs are applicable to impulsive or impact noise only. In the case of mixed exposure to both impulsive or impact noise and continuous or intermittent noise, both OELs should be satisfied.

### 3. Measurement method

Impulsive or impact noises are classified by their oscilloscope-measured wave forms into two groups, as shown in Fig. VII-3 (A) and (B). In Fig. VII-3 (A), A duration is defined as the duration between  $T_0$  and  $T_D$ . In Fig. VII-3 (B), B duration is defined as either the duration between  $T_0$  and  $T_D$ ' if no reflection sound exists, or the sum of durations between  $T_0$  and  $T_D$ ' and between  $T_0$ " and  $T_D$ " if reflection sound dose exists. In the case of (B),  $T_D$ ' or  $T_D$ " is determined by the intersection of a wave envelope indicating sound pressure change with a line indicating a sound pressure 20 dB below peak sound pressure. This method is also applicable in the case of multiple reflection sounds.

# VII-ii. Occupational Exposure Limit for Impulsive or Impact Noise by A-Weighted Sound Pressure Level

### 1. Occupational exposure limit (OEL)

In the case that total frequency of exposure to impulsive or impact noise is at or below 100 times a day, OEL is 120 dB at A-weighted sound pressure level. In the case that total frequency of exposure to impulsive or impact noise is above 100 times a day, the adjustment value in Fig. VII-2 corresponding to frequency of exposure should be added for OEL determination.

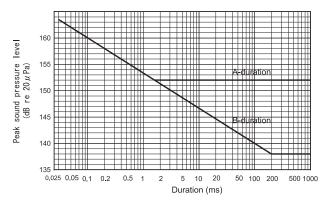


Fig. VII-1. Occupational exposure limits for impulsive or impact noise.

### 2. Application

OEL is applicable to type B wave in Fig. VII-3 only.

### 3. Measurement method

Maximum values should be measured by the Sound Level Meter (JIS C 1509-1:2017) with use of an A-weighted frequency response and fast dynamic characteristic.

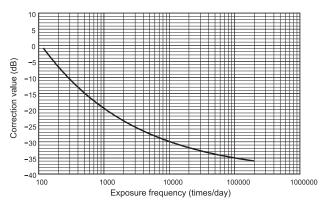


Fig. VII-2. Correction values corresponding to exposure frequency a day.

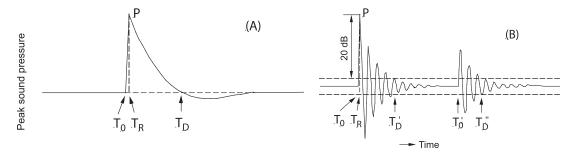


Fig. VII-3. Measurement for impulsive or impact noise.

# VIII. Occupational Exposure Limits for Heat Stress

### 1. Occupational Exposure Limits

Permissible heat exposure limits were proposed as Table VIII-1 on the presumption that any unfavorable physiological response should not be caused by the heat stress.

# 2. Application

These exposure limits show the condition for which the workers work without health impairment or decrease in work efficiency for one hour of continuous work or two hours of intermittent work. The workers mentioned here are healthy adult male workers, adapted themselves to hot environment, well used to the work, wearing usual summer clothes, and taking enough water and salt.

Hot environment means the condition in which the regulation of body temperature is mainly performed by the evaporation responding to the complex of ambient temperature, humidity, and heat radiation.

Adaptation is the effect of the vicarious physiological change of the worker working under hot environment.

The thermal adaptation is obtained by usually working for one week under hot environment. If hot environment exposure is ceased, the adaptation effect is lost immediately and usually disappears in two weeks. Therefore, it is necessary to pay attention to the workers' condition when their adaptation is not enough or when they return to work after two or more days off.

The unfavorable physiological response is the state that physiological burdens such as increase of the heart rate, a rise in temperature, the increase of the quantity of water loss continue increasing.

Therefore, if the physiological burden on worker continues increasing under hot environment, some engineering measures should be taken or other measures like wearing cool clothes and reducing work load should be performed to decrease heat strain. The heat stress consists of factors such as environmental thermal condition, heat production through metabolism and heat exposure time.

The work load means metabolic energy used at the work. We expressed the degree in Relative Metabolic Rate (RMR) and classified in five categories as shown in Table VIII-2. RMR is calculated by the following expression.

 $RMR = \frac{(energy \ consumption \ on \ exertion) - (energy \ consumption \ at \ rest)}{(basal \ metabolic \ rate)}$ 

RMR values according to common movements are displayed in Table VIII-3. This table should be referred to estimate the work load.

In an ordinary industrial setting, many of the works are manually performed continuously with the work load of around RMR 1.0. And most of the work loads are not more than RMR 2. However, it is considered possible to work continuously for one hour by the work load of RMR 4, we set one hour continuous work as the basic work unit for the work load up to RMR 4. Furthermore, although the work exceeding RMR 4 may exist, we assumed those work must be performed intermittently, as it is difficult to continue for one hour.

Therefore, regarding the working hour mentioned here, we classify the work into continuous work or intermittent work. We assumed one-hour work as the evaluation unit for continuous work and proposed the method of evaluating the environment in one-hour continuous work for normal eight hours. Likewise, we assumed two-hour work as the evaluation unit for intermittent work and proposed the method of evaluating the environment in two-hour intermittent work similarly. We adopted these methods in order to make it applicable to the real industrial workshop and to make it possible to evaluate in a short time.

# 3. Thermal index and method for measuring workload

We decided to use the environmental index corresponding to the physiological response by the heat stress for an evaluation of the hot environment. As the best method now, we adopted Wet Bulb Globe Temperature (WBGT) as the simple and practical index for the thermal condition.

### Calculation of thermal index

Methods for the measurement of thermal index are described elsewhere. WBGT is calculated as follows.

# Calculation of WBGT

- (1) Inside the room or outdoors without sunlight radiation
  - WBGT = 0.7NWB + 0.3GT
- (2) Outdoors with sunlight radiation WBGT = 0.7NWB + 0.2GT + 0.1DB
  - NWB (natural wet bulb temperature): Wet bulb temperature (without breathing forcibly and not surrounding the bulb part to prevent heat radiation) measured with being exposed to natural air flow

GT (globe thermometer temperature): Temperature measured by globe thermometer of 6 inches in diameters

DB (dry bulb temperature): Dry bulb temperature measured by covering the bulb part to prevent the direct effect of heat radiation without interfering spontaneous air flow

At measurement, it is important to comprehensively evaluate the thermal load affected by the ambient thermal condition and artificial heat production in the workplace. The actual situation including the workers' condition should be fully understood such as the work position, the work intensity, the time and frequency of the heat exposure. We estimate the actual work condition as follows.

In the case of continuous work, the thermal condition of the workplace should be defined as the highest one-hour value of WBGT in a daily working hour.

In the case of two-hour intermittent work, the thermal condition of the workplace should be defined by two-hour time-weighted value of WBGT.

Two-hour time-weighted value of WBGT = (WBGT<sub>1</sub> ×  $t_1$  + WBGT<sub>2</sub> ×  $t_2$  +... + WBGT<sub>n</sub> ×  $t_n$ ) /120 minutes WBGT<sub>1</sub>, WBGT<sub>2</sub>... WBGT<sub>n</sub>: Each value of WBGT at work or at break

 $t_1, t_2... t_n$ : Each value of time at work or at break (minute)

The method to calculate work load of two-hour intermittent work is as follows. If the workers are engaged in heavy/moderate work load for more than one hour, we define it as moderate workload.

If the workers are engaged in light work load for more than one hour, and the rest in moderate workload, we define it as light work load.

If the workers are engaged in light work load for more than one hour, and the rest in heavy workload, we define it as moderate work load.

When each of the work load is of concern, we calculate the two-hour load average of the work load as follows.

Two-hour load average of the work load =  $(WL_1 \times t_1 + WL_2 \times t_2 + ... + WL_n \times t_n)/120$  minutes

 $WL_1$ ,  $WL_2$  ... WLn: Each value of work load at each work or at break

 $t_1$ ,  $t_2$ ...  $t_n$ : Each time at work or at break (minute)

### 4. Year of proposal: 1982

Table VIII-1. Occupational Exposure Limits for heat stress

	OELs
Workload	WBGT (°C)
RMR ~1 (Very Light, ~130 kcal/h)	32.5
RMR ~2 (Light, ~ 190 kcal/h)	30.5
RMR ~3 (Moderate, ~ 250 kcal/h)	29.0
RMR ~4 (Moderate, ~ 310 kcal/h)	27.5
RMR ~5 (Heavy, ~ 370 kcal/h)	26.5

Table VIII-2. Workload and metabolic energy (kcal/h)

Workload	Metabolic energy (kcal/h)
RMR ~1 (Very Light, ~130 kcal/h)	~130
RMR ~2 (Light, ~ 190 kcal/h)	~190
RMR ~3 (Moderate, ~ 250 kcal/h)	~250
RMR ~4 (Moderate, ~ 310 kcal/h)	~310
RMR ~5 (Heavy, ~ 370 kcal/h)	~370

RMR	Principal motion sites	Motion	Examples of works
0 - 0.5 0.5 - 1.0	hand	moving mechanically	call handling (seated) 0.4, data entry 0.5, gauge moni- toring (seated) 0.5
		moving consciously	straightening (hammer tapping, 98 times/min) 0.9 vehicle driving 1.0
1.0 - 2.0 2.0 - 3.0	hand movement with some upper limb movement	hand movement with some forearm movement forearm	lathe work (pairing, 0.83 minutes/unit) 1.1, surveillance work (standing) 1.2, walking slowly on level ground (45 m/min) 1.5
		hand movement with some upper arm movement	walking (ordinary, 71 m/min) 2.1, concrete polish- ing (lightly) 2.0, circular saw work 2.5, stair walking (down, 50 m/min) 2.6
3.0-4.0	upper limb	normal movement	chinning grinder (grinding 150 kg parts, 6 min/unit) 3.0, riding bicycle (level ground, 170 m/min) 3.4, walking (fast, 95 m/min) 3.5
4.0-5.5		relatively big movement with power	riveting (1.3 /min) 4.2, filing (36 cm file, 150 times/min) 4.2, rough saw 5.0
5.5-6.5	whole body lifting, turning, pulling, pushing,	normal movement	tapping (poking 7 kg, 16-20 times/min) 5.7, shoveling (6 kg, 18 times/min) 6.5, stair walking (up, 45 m/min) 6.5
6.5-8.0	throwing, moving	relatively big movement with equal	hammering (6.8 kg, 26 times/min) 7.8
8.0-9.5	up-and-down, scraping	power especially momentary	pile up (15 kg, 10 times/min) 9.0
10.0-	whole body (same as above)	physically strenuous work with a bit of lee-	pushing at full power 10.0 pickaxe (concrete bursts) 10.5
12.0		way; may continue for sometime	shovel (72 times/min.) 11.0
≥12.0	physically strenuous work such as construction work	concentrate on whole body movement and can tolerate only for less than one minute	hammering (4.5 kg, 29 times/min) 19.3

<b>Tuble VIII D</b> Clubbilleution of Itility of Work	Table VIII-3.	Classification	of RMR by work
---	---------------	----------------	----------------

# **IX. Occupational Exposure Limits for Cold Stress**

Workers should wear appropriate clothing to protect themselves from cold stress in cold environments. The values of thermal insulation of the combination of clothing are shown in Table IX-1.

Recommendations about clothing: Wear several layers of loose clothing. Layering provides better insulation. Make sure to protect the ears, face, hands, and feet in extremely cold weather. Boots should be waterproof and insulated. Avoid touching cold metal surfaces with bare skin.

The gloves are necessary to prevent frostbite of the hands. The appropriate gloves should be chosen, depending on work, and waterproof gloves in some cases. If the degree of the chilliness is severer, mittens are more effective.

The relationship between equivalent temperature and thermal insulation of clothing, during both light and moderate workloads is presented in Table IX-2.

When air temperature is lower, the worker should wear clothing with higher thermal insulation power. And also, when a workload is low, the worker should wear higher thermal insulation clothing, because the internal heat produced by the body is lower than in the case of a higher workload.

In the cold environment, the wind velocity becomes a critical factor as well as air temperature.

An equivalent chill temperature chart relating the air temperature and the wind velocity is presented in Table IX-3.

Maximum work period recommended for properly clothed workers, working 4-hour shifts, at air temperatures and workloads are shown in Table IX-4. The workload is expressed in RMR (Relative Metabolic Rate) with the identical case of occupational exposure limits for heat stress. Light workload is less than RMR 2, (less than 190 kca1/h, metabolic energy), and moderate workload is RMR 2-3 (about 250 kca1/h, metabolic energy).

There is much continuous light work (RMR l-2) and moderate work of RMR 3 in some cases. In the workload of these levels, physical loads to thermoregulation system by the cold stress, are bigger than the load to breathing and the circulatory system in the body function by the work.

The standard work conditions are for four hours shift work, taking a rest for at least 30 minutes after each shift work, wearing adequate cold-protective clothing to work in an almost windless environment.

Physical effects by cold chill index and equivalent temperature are shown in Table IX-5.

In cold environments, skin temperatures decrease particularly in the tip of the hands and feet. Body temperatures decrease, when heat production in the body is less than the heat radiation on the equilibrium of the internal heat balance.

Tremors and unconsciousness appear by hypothermia. Core temperature such as rectal temperature should keep above 36°C. Outbreak of more intense tremors is the danger signal that temperature is decreasing more, and one should promptly stop exposure to the cold.

Work efficiency decreases and is unsafe due to pain, tightening, and the chilliness of the peripheral parts such as hands and feet. Furthermore, the skin temperature of the toes is approximately 13°C, and 10°C at the fingers. Pain and numbress by cold is a danger signal, leading to frostbite.

Combination of clothing	Clo value
Underwear (top /bottom), shirt, trousers, coat, vest, socks, shoes	1.11
Underwear (top /bottom), thermal jumper, thermal trousers, socks, shoes	1.40
Underwear (top /bottom), shirt, trousers, coat, over jacket, cap, gloves, socks, shoes	1.60
Underwear (top /bottom), shirt, trousers, coat, over jacket, over trousers, socks, shoes	1.86
Underwear (top /bottom), shirt, trousers, coat, over jacket, over trousers, cap, gloves, socks, shoes	2.02
Underwear (top /bottom), over jacket, over trousers, thermal jumper, thermal trousers, socks, shoes	2.22
Underwear (top /bottom), over jacket, over trousers, thermal jumper, thermal trousers, cap, gloves, socks, shoes	2.55
Cold protective clothing	3~4.5
Sleeping bag	3~8

Table IX-1. Thermal performance of clothing

Temperature	Workload	Maximal work duration (min)
−10~−25°C	Light work (RMR~2)	$\sim 50$
	Moderate work (RMR~3)	~ 60
−26~-40°C	Light work (RMR~2)	~ 30
	Moderate work (RMR~3)	$\sim 45$
−41~−55°C	Light work (RMR~2)	$\sim 20$
	Moderate work (RMR~3)	~ 30

 Table IX-2.
 Occupational exposure limits for cold stress (Maximal work duration in a 4-hour shift)

Table IX-3. Cooling power of wind on exposed body areas air expressed as equivalent chill temperature

wind velocity					air te	emperature	e (°C)				
(m/sec)	0	-5	-10	-15	-20	-25	-30	-35	-40	-45	-50
				e	quivalent	chill temp	erature (°C	C)			
calm	0	-5	-10	-15	-20	-25	-30	-35	-40	-45	-50
2	-1	-6	-11	-16	-21	-27	-32	-37	-42	-47	-52
3	-4	-10	-15	-21	-27	-32	-38	-44	-49	-55	-60
5	-9	-15	-21	-28	-34	-40	-47	-53	-59	-66	-72
8	-13	-20	-27	-34	-41	-48	-55	-62	-69	-76	-83
11	-16	-23	-31	-38	-46	-53	-60	-68	-75	-83	-90
15	-18	-26	-34	-42	-49	-57	-63	-73	-80	-88	-96
20	-20	-28	-36	-44	-52	-60	-68	-76	-84	-92	-100

 Table IX-4.
 Occupational exposure limits for cold stress (Maximum work period recommended working 4-hour shift)

Air temperature	Workload		Maximum work period (min)
-10~-25°C	light workload	(RMR~2)	~50
	moderate workload	(RMR~3)	~60
-26~-40°C	light workload	(RMR~2)	~30
	moderate workload	(RMR~3)	~45
-41~-55°C	light workload	(RMR~2)	~20
	moderate workload	(RMR~3)	~30

Wind velocity is below 0.5 m/sec, in an almost windless environment.

The standard work conditions are for four hours by shift work taking a rest in a recovery room for at least 30 minutes after one work sequel to.

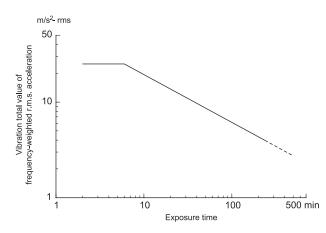
Table IX-5.	Physical effects	by cold chill	index and equival	ent temperature
-------------	------------------	---------------	-------------------	-----------------

Cold chill index	Equivalent air temperature (°C)	Physical effects
1,000	-14	Very cold
1,200	-22	Extremely cold
1,400~1,550	-30~-38	Frostbite of exposed skin in one hour
1,700~1,900	-45~-53	Dangerous outside activity such as walking, frostbite occurs on exposed part of the face in one minute
2,000~2,300	-61~-69	Frostbite occurs on exposed part of the face in 30 seconds

# X. Occupational Exposure Limits for Whole Body Vibration

 $0.35 \text{ m/s}^2 A_{\text{sum}}(8)$ 

# XI. Occupational Exposure Limits for Hand-Arm Vibration



**Fig. XI.** Occupational exposure limits for hand-arm vibration using vibration total value of frequency-weighted r.m.s. acceleration.

	using vibration total value of frequency- ghted r.m.s. acceleration
Exposure time (min)	Vibration total value of frequency-weighted r.m.s. acceleration (m/s <sup>2</sup> r.m.s.)
≤6	25.0

Table XI. Occupational exposure limits for hand-arm vibra-

(min)	r.m.s. acceleration (m/s <sup>-</sup> r.m.s.)		
≤6	25.0		
10	19.4		
15	15.8		
30	11.2		
60	7.92		
90	6.47		
120	5.60		
150	5.01		
180	4.57		
210	4.23		
240	3.96		
270	3.73		
300	3.54		
330	3.38		
360	3.23		
390	3.11		
420	2.99		
450	2.89		
480	2.80		

# XII. Occupational Exposure Limits for Time-Varying Electric, Magnetic and Electromagnetic Fields (up to 300 GHz)

Table XII-1.Static magnetic fields(Frequency: 0~0.25 Hz)

	OEL-M	OEL-C
Head, trunk	$200 \text{ mT} (1.63 \times 10^5 \text{ Am}^{-1})$	2T
Extremities	$500 \text{ mT} (4.08 \times 10^5 \text{ Am}^{-1})$	5T

 Table XII-2.
 Low frequency time-varying electric and magnetic fields (Frequency: 0.25 Hz~100 kHz)

Frequency (f)	EF*	Magnetic flux density	$\mathrm{MF}^\dagger$
0.25~1.0 Hz		50/f mT	$4.08~\times~10^4\!/fAm^{-1}$
1.0~25 Hz	$20 \text{ kVm}^{-1}$	50/f mT	$4.08\times10^4\!/fAm^{-1}$
25~500 Hz	$500/fkVm^{-1}$	50/f mT	$4.08\times10^4\!/fAm^{-1}$
500~814 Hz	$500/f  kVm^{-1}$	0.1 mT	$81.4 \text{ Am}^{-1}$
0.814~60 kHz	$614 \text{ Vm}^{-1}$	0.1 mT	$81.4 \text{ Am}^{-1}$
60~100 kHz	$614 \text{ Vm}^{-1}$	6/f mT	$4,880/f\mathrm{Am}^{-1}$

\*EF: electric field, <sup>†</sup>MF: magnetic field

Frequency (f)	EF*	Magnetic flux density	$\mathrm{MF}^\dagger$	Power density
0.1~3.0 MHz	$614 \text{Vm}^{-1}$	6/f µT	$4.88/fAm^{-1}$	
3.0~30 MHz	$1,842/f Vm^{-1}$	6/f µT	$4.88/fAm^{-1}$	
30~400 MHz	$61.4 Vm^{-1}$	0.2 μΤ	$0.163 \text{Am}^{-1}$	$10Wm^{-2}$
400~2000 MHz	$3.07 f^{0.5} Vm^{-1}$	$0.01 f^{0.5} \ \mu T$	$8.14f^{0.5}mAm^{-1}$	$f/40 \ Wm^{-2}$
2~300 GHz	$137 Vm^{-1}$	0.447 μΤ	$0.364 Am^{-1}$	$50 Wm^{-2}$

 
 Table XII-3.
 Radio-frequency electromagnetic fields (Frequency: 0.1 MHz~300 GHz)

\*EF: electric field, <sup>†</sup>MF: magnetic field

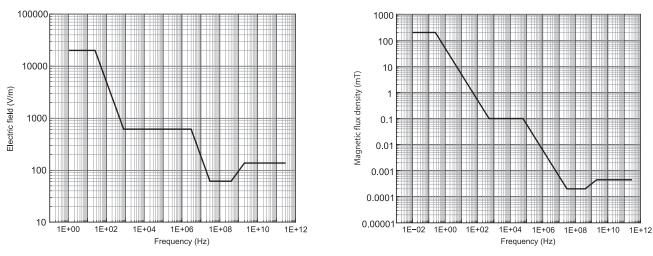


Fig. XII-1. OEL-Ms of time-varying electric fields

Fig. XII-2. OEL-Ms of static and time-varying magnetic fields

# XIII. Occupational Exposure Limit for Ultraviolet Radiation

Occupational Exposure Limit for ultraviolet radiation with wavelengths between 180 nm and 400 nm is recommended to be 30 J/m<sup>2</sup> as effective irradiance integrated over 8 hours a day, to avoid acute effects on eye (cornea or conjunctiva) or the skin. This value is not applicable to laser radiation.

Effective irradiance is defined as follows:

$$\mathbf{E}_{eff} = \sum_{\lambda=180 \,\mathrm{nm}}^{400 \,\mathrm{nm}} E_{\lambda} S(\lambda) \Delta \lambda$$

where:  $E_{eff}$  = effective irradiance  $E_{\lambda}$  = spectral irradiance at exposure S ( $\lambda$ ) = relative spectral effectiveness (Table XIII)  $\Delta\lambda$  = band width

Wavelength (nm)	Relative spectral effectiveness	Wavelength (nm)	Relative spectral effectiveness	Wavelength (nm)	Relative spectra effectiveness
180	0.012	280	0.880	325	0.00050
190	0.019	285	0.770	328	0.00044
200	0.030	290	0.640	330	0.00041
205	0.051	295	0.540	333	0.00037
210	0.075	297	0.460	335	0.00034
215	0.094	300	0.300	340	0.00027
220	0.120	303	0.120	345	0.00023
225	0.150	305	0.060	350	0.00020
230	0.190	308	0.025	355	0.00016
235	0.230	310	0.015	360	0.00013
240	0.300	313	0.006	365	0.00011
245	0.360	315	0.003	370	0.000094
250	0.430	316	0.0023	375	0.000077
254	0.500	317	0.0020	380	0.000064
255	0.520	318	0.0016	385	0.000053
260	0.650	319	0.0012	390	0.000044
265	0.810	320	0.0010	395	0.000036
270	1.000	322	0.00067	400	0.000030
275	0.970	323	0.00054		

Table XIII. Ultraviolet radiation and relative spectral effectiveness

### Members of the Committee for Recommendation of Occupational Exposure Limits (2022–2023)

### Chairperson

Tetsuo NOMIYAMA (Matsumoto)

### Members

Kenichi Azuma (Osaka), Tetsuhito Fukushima (Fukushima), Kunio Hara (Kitakyushu), Hajime Hori (Kitakyushu), Seichi Horie (Kitakyushu), Masayoshi Ichiba (Saga), Gaku Ichihara (Chiba), Tatsuya Ishitake (Kurume), Akiyoshi Ito (Kawasaki), Satoko Iwasawa (Tokorozawa), Michihiro Kamijima (Nagoya), Kanae Karita (Tokyo), Takahiko Katoh (Kumamoto), Toshihiro Kawamoto (Tokyo), Shinji Kumagai (Sakai), Yukinori Kusaka (Shimane), Muneyuki Miyagawa (Tokyo), Hiroyuki Miyauchi (Kitakyushu), Yasuo Morimoto (Kitakyushu), Hirokazu Okuda (Kanagawa), Kazuyuki Omae (Tokyo), Tomotaka Sobue (Suita), Toru Takebayashi (Tokyo), Tatsuya Takeshita (Wakayama), Yuko Yamano (Tokyo), Kazuhito Yokoyama (Tokyo)

### **Drafting members**

Kouji HARADA (Kyoto), Hyogo HORIGUCHI (Sagamihara), Atsuko IKEDA-ARAKI (Sapporo), Yuki ITO (Nagoya), Takeyasu KAKAMU (Fukushima), Akiko MATSUMOTO (Saga), Hisao NAITO (Nagoya), Makiko NAKANO (Tokyo), Masayuki OKUDA (Yamaguchi), Kazuhiro SATO (Fukui), Yasushi SUWAZONO (Chiba), Akito TAKEUCHI (Osaka), Ayano TAKEUCHI (Tokyo), Mayumi TSUJI (Kitakyushu), Teruomi TSUKAHARA (Matsumoto), Susumu UENO (Kitakyushu), Jun UEYAMA (Nagoya), Yumi UMEDA (Kanagawa), Kenya YAMAMOTO (Kawasaki), Takenori YAMAUCHI (Tokyo)

### Advisory members

Ginji ENDO (Osaka), Yoko ENDO (Osaka), Toshio KAWAI (Osaka), Reiko KISHI (Sapporo), Kasuke NAGANO (Kanagawa), Tamie NAKAJIMA (Kasugai), Shigeru TANAKA (Saitama), Eiji YANO (Tokyo)